



Exhibit By Physicians And Art Students



Grau by Dr. Andres Marte

images provided

Local physicians and Florida SouthWestern State College (FSW) art students will be exhibiting their works at the Sidney & Berne Davis Art Center during April. Both groups will have an opening reception on Friday, April 6 from 6 to 10 p.m., and both exhibitions will close on Tuesday, April 24.

The Physicians Group Show, titled ART, will be showcased in the first floor Grand Atrium and ranges from paintings to sculpture. The free exhibition is coordinated by the Sidney & Berne Davis Art Center and the Lee County Medical Society.

Local medical practitioners were invited to submit their work for consideration in the show. Works were curated and will be presented to the public from April 6 to April 24.

FSW's Border(less) exhibition, a collection of work from a portfolio painting course and a conceptual art class, will be featured in the second floor Capital Gallery. The broad notion of Borders/Bordered/Borderless was explored in its suggestion of inclusion/exclusion, the contained and the contiguous, the native, the neighboring and the nomadic. Students worked with these



A painting by Alejandro Gomez

themes when preparing their pieces for the exhibition.

Borders(less) will highlight student artists Amy Boomgaard, Joshann Burdick, Martha Delacruz, Peter Engdahl, Alejandro Gomez, Holly Hagan, Alyssa Hartford, Dalton Howard, Lewesa Major, Shannon O'Regan, Grant Syllaba, Jose Vanegas and Barbara

Ann Wikoff. The student exhibition was organized by Dana Roes at FSW.

Admission is free to both exhibitions. The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com.✧

Estates Open Easter Sunday

Easter Sunday is a great day to tour the gardens at Edison & Ford Winter Estates as many plants and trees are blooming this time of year. The site will be open on the April 1 holiday from 9 a.m. to 5:30 p.m.

Guided and self-guided tours are available throughout the day with the last guided tour at 4 p.m. Self-guided, audio tours and maps are available in English, German, Spanish and French. Guide maps also are available in Chinese.

The Museum Store, Ford Cottage Shoppe and Garden Shoppe will be open for anyone looking to buy a plant or gift for a loved one. The Garden Shoppe is stocked with many blooming plants. The Edison Ford Shoppe at Bell Tower Shops will be closed on Easter.

Edison & Ford Winter Estates is located at 2350 McGregor Boulevard



Many trees and flowers are blooming at the Estates

photo provided

in Fort Myers. For more information, call 334-7419 or visit www.edisonfordwinterestates.org.✧

Reception And ArtPoems Exhibit During Art Walk

Arts for ACT Gallery will hold an opening reception and meet-the-artists session during Art Walk on Friday, April 6 from 6 to 10 p.m. The ArtPoems Group will display original works of art and poems in the main gallery, while local artist Terry Lynn Spry will be showing creative oil paintings in the white gallery. Co-op artists will also exhibit new works.

ArtPoems, the collaborative multimedia poet and artist project of Southwest Florida, is a group of 12 artists and 12 poets ranging from Peace River to Cape Coral to Fort Myers, Sanibel and Naples that has collaborated to produce poems inspired by artworks and artworks inspired by poems. The poems and their paintings, sculptures, photog-



Untitled by Terry Lynn Spry image provided

raphy and mixed media artwork will be paired together. There will also be an ArtPoems book available to purchase for the 2018 season.

Artists include Paul Adamick, Honey Costa, Scott Guelcher, William Kramer, continued on page 29

Historic Downtown Fort Myers, Then And Now:

Historic Easter Parade



by Gerri Reaves, PhD

On Easter Sunday, one of Fort Myers's longest running community events will take place when the annual Dunbar Easter Parade will celebrate its 74th year.

Evelyn Sams Canady, founded the event in 1945 during an era of racial segregation. She wanted to ensure that children of the historic black neighborhood of Dunbar had grand community celebrations comparable to those of whites, from which they were largely excluded.

Canady, who arrived in Fort Myers in 1916, was a significant force in community and religious affairs.

She had a 47-year career as a Lee County school teacher, and over the decades, strove to create positive change on many fronts. She helped to found Dunbar High School in 1927, which made it possible for local black students to earn a high school education without moving away from home. She also helped to found the Dr. Ella Piper Center.

When traveling in New York City, Canady saw pretty Easter hats on display in major department stores, and that finery became part of the inspiration for the annual event centered on community and children, complete with candy, Easter eggs, and a parade.

Shown here is an historic photo identified as the royal court of the sixth parade in the early 1950s, which, if correctly identified, would be in April 1950.

The presence of Dr. Ella Mae Piper Harvey (far left) supports this identification, for it was she who crowned the royalty that year, assisted by ML Lewter.

It was fitting that Dr. Piper had a prominent role in this important community event, for she is considered one of the most influential women in local history, a civic activist, philanthropist and business woman.

According to the *Fort Myers News-Press*, three-year-old Carnell Whitters and two-year-old Sharon Suzzette Smith were crowned Easter king and queen of Dunbar in 1950.

That year's parade featured hundreds of children and was attended by more than two thousand. It consisted of an array of decorated floats, baby carriages, bicycles and tricycles.

On their parade float, the royal couple sat on a love seat beneath an arch of lavender bougainvillea and were attended by others in the royal court.

The 60-piece Dunbar High School added rousing music as the parade proceeded a mile down Anderson Avenue (today's MLK, Jr. Boulevard) after a winding route along Dunbar streets.

Twirling majorettes, boy scouts and other children added to the general festivities. Clubs, fraternal organizations, churches and businesses took part as well.

Various awards included best-dressed boy and girl and first and second awards for the best-decorated bicycle, tricycle, scooter and float. The most popular costume theme in the early years was, of course, a bunny.

Awards were limited to children under the age of 12, reiterating the focus on children.

Indicative of those times of racial segregation, bleachers were provided for whites to enjoy the parade in a separate area.

In addition to generating all the fun and community spirit, the parade also



This "early 1950s" photo from the annual Dunbar Easter Parade is recorded as from the sixth annual event, which would be in April 1950. At far left is Dr. Ella Mae Piper Harvey and center (back row) is Edgar Leo Barker, principal of Dunbar High School. In the center row (from left) are unidentified boy, Horace Smith, Jr. (checked shirt), Sandra Cathard, unidentified girl, Leorita Barker, Helen Giles (behind Barker) and Doris McGriff. In the front row are Carnell Whitters, Jeanie Collington, Jacqueline Steele, Paul Davis, Sharon Smith and Pam Chaney. Many thanks to the Lee County Black History Society for the identifications.

photo courtesy IMAG History & Science Center

raised funds for a worthy cause. For example, the funds raised in 1951 were used to beautify Jones-Walker Hospital, the first hospital in Lee County for non-whites.

Over the decades, the parade route has varied, from only around the streets of Dunbar to today's route down Dr. Martin Luther King, Jr. Boulevard into downtown Fort Myers for a post-parade party.

Attendance has grown over the years too, from an estimated 5,000 in 1949 to more than 12 thousand in the early 1960s, to today's large crowds.

Visit the following two research centers to learn more about the parades that have brought joy to Fort Myers over the decades.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

Sources: Archives of the Lee County Black History Society and the Southwest Florida Historical Society and *The News-Press*.*

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Run or walk for a doggone good cause on April 7

photo provided

Humane Society Fundraiser April 7

One of Gulf Coast Humane Society's biggest fundraising events of the year, The Fast and the Furriest, is full steam ahead, with a great start to early registration thus far.

The 5K Run/1-Mile Walk fundraiser to be held at Hammond Stadium on Saturday, April 7 is on pace for another big day, with plenty of festivities planned. The number of registered participants is already well ahead of the 2017 mark at this time, but now is not time to get complacent, said GCHS executive director Jennifer Galloway.

"The response to this year's event has been very encouraging," Galloway said. "People are really getting excited for The Fast and the Furriest, and it is showing by the rising number of participants, solid sponsor support and quality vendors attending the event as well. But we want to eclipse last year's numbers in attendance and funds raised, so there's room for more. Please keep spreading the word about this fun, family-friendly event."

The run/walk event is dog-friendly, and many participants do bring their furry friends along for the jaunt.

The Fast and the Furriest is also an excellent event for sponsors and vendors

to jump aboard. Each sponsor/vendor gets an opportunity to display their services/product to a growing pet and health demographic. Sponsors will receive recognition on GCHS' website and social media.

"Most of all, though, they will get the satisfaction of knowing they played an important role in aiding all the GCHS' shelter animals, which ultimately all the proceeds will end up going to," said Fast and the Furriest committee chair person Jill McKee.

Early registration is under way, which will give you a \$5 savings if you sign up the day of the event.

The first 500 5K runners and one-mile walkers will earn a Finisher Medal, with the top fundraiser receiving a trophy and traditional age group medals will be awarded to top chipped runners, and to the Fastest Dogs in three weight categories. Other awards will be for the Triple Crown Award Winners.

"Come out for one of the best dog-friendly events around, while leaving knowing you helped the many shelter animals at GCHS," Galloway said.

Hammond Stadium is located at 14100 Six Mile Cypress Parkway in Fort Myers. To register, visit www.gulfcoasthumanesociety.org/the-fast-the-furriest.html or email Howell@events@gulfcoasthumanesociety.org.

Journey Tribute Band To Perform At Estates April 7



Journey tribute band Faithfully

photo provided

Edison & Ford Winter Estates will host its last Rhythm on the River music celebration of the season in the river pavilion with the Journey tribute band, Faithfully, on Saturday, April 7 at 6 p.m.

During the show, Faithfully will give away a guitar signed by the group. The band has been performing Journey's hits all around the world since 2011.

Event tickets are \$25 or \$20 for

Edison Ford members. A cash bar will be available. A limited number of seats will be provided; guests are encouraged to bring a folding chair.

Edison & Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information or to purchase tickets, visit www.edisonfordwinterestates.org or call 334-7419.*

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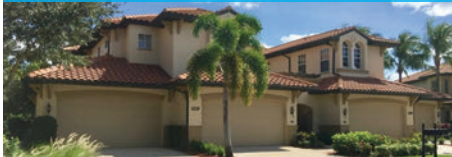
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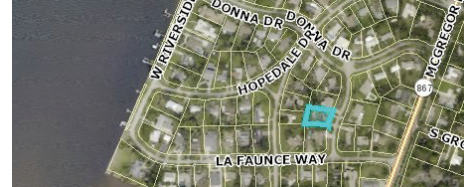
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Fort Myers Art:

For This Local Rising Star, Acting Feeds The Soul



by Tom Hall

Fresh from starring as Nora Helmer in Theatre Conspiracy's production on Henrik Ibsen's *A Doll's House*, Dena Galyean kicks back in a simple brown wooden chair on the south porch of

Bennett's Fresh Roast Café in downtown Fort Myers. It's crisp and cool. Locals might even argue the temps are downright frigid. But a native of the Chicago burbs, Galyean barely notices the folks at adjoining tables shivering beneath sweaters and winter coats.

"This is invigorating," she proclaimed, her lips curling into a satisfied smile.

The actor readily admits that Nora has been her most challenging role to date. When she ticks off the reasons she loves acting, the opportunity to be someone else for a little while figures prominently in the equation. "I like hearing stories, I like sharing stories, and I especially enjoy telling someone else's stories, embodying that person and giving them a voice," she said, her big brown eyes twinkling as she sips her coffee.

No surprise, she likes it "bold."



Dena Galyean

photo courtesy www.artswfl.com

"Nora was unique because she's a hundred different people, trying to figure out which one she really is," Dena muses. "That's what motivates her to leave her husband at the end of the play. She had to get out of the doll's house he's created for her in order to find out who she really is."

As the wind rustles the palm fronds behind her, Galyean suddenly morphs into the character herself. "My dad told me how to behave, what to do and what to think. Then, Torveld came along, took me away from my dad, and after that I lived under his rules. But I never had the chance to think and act for myself."

Catching herself, Galyean indulges a

throaty Midwest laugh. "I wish I'd had another two months with Nora," she added wistfully. "I miss her already."

To prepare for a role, Galyean projects herself into the time period in which the story is set and creates a detailed backstory for her character, imagining her favorite foods, the type of music she listens to, and how she met the other characters in the play.

But to play Nora properly, she had to embrace a startling reality. The Nora her husband and friends encounter is a carefully contrived fiction. The real Nora is an actor trapped in an ongoing part that's defined for her by the men in her life. And to make matters nearly intolerable, she knows deep down that she's not the façade she projects to please her husband. She's this smart, savvy, strong, resourceful woman who had the guile and guts to take the affirmative action necessary to save his life when he fell ill and nearly died. She'd done it all on her own, without his knowledge or approval. And based on that experience, she knows that she can do anything to which she sets her mind, but as the play unfolds, it becomes painfully obvious that she'll have to break away from her husband and the comfortable life he provides in order to test her mettle and discover who she really was.

Introspective, Galyean heaps praise for the performance she ultimately gave in *A Doll's House* on Anne Dodd, who directed the production for Theatre Conspiracy and drew out the very best Dena had to offer.

"I could not imagine doing the play with anyone else," Galyean stated emphatically, her blond tresses dancing playing around her bare shoulders in the cold morning gale. "She is unquestionably one of the best directors I've ever worked with. She loved the play so much and had such respect for the playwright that she read six different versions of it innumerable times each to ensure that we represented the work perfectly."

Part of what drives Galyean is a resolve to improve her skills and see just how good she can be. She thrives on both the challenge and revels in the accomplishment of learning and perfecting each new role. Each each new script, director and cast affords her a unique opportunity to learn new skills and improve both as an actor and a person, and with that in the forefront of her mind, she throws herself into each new role and production.

"Dena is a gem," *Doll's House* director Anne Dodd confirms. "She has a light onstage that is hypnotic. She is a director's dream as she is collaborative, has terrific instincts and desires to constantly push herself and grow as an artist. Her work

ethic is unparalleled. I have acted with her as well, and she gives you so much. It is a joy to play with her. She has your back. I adore her!"

Galyean is genuinely surprised, perhaps even a bit taken aback, by just how many shows she's done since *The Underpants*, her very first role on the local theater scene. Prior to *A Doll's House*, she appeared as Stella Kowalski in The Studio Players' production of Tennessee William's *A Streetcar Named Desire* at the Golden Gate Community Center. Other credits include in reverse order Sylvie in Off-Broadway Palm's *The Odd Couple: Female Version*; the sister of a priest who finds himself in a duel with Lucifer in Theatre Conspiracy's production of *Noli Timere*; Alithea in *The Country Wife*; Elaine Navazio in *Last of the Red Hot Lovers* at the Broadway Palm Off-Broadway; the sexually-charged preacher's daughter Elaine Harper in the CFABS Players' *Arsenic and Old Lace*; and Vixen, the indignant, conflicted and quietly resigned victim of Santa's sexual harassment and assault in Lab Theater's 2015 Christmas hit, *The Eight: Reindeer Monologues*. She's also been an understudy on the Seminole Gulf Railway Murder Mystery Train and reigned for a year as Matlacha's Mermaid Queen.

Before parting, we talk awhile about roles Dena would like to play in the future, and some of the local directors and actors she hopes to work with someday. *The Graduate*, *Cat on a Hot Tin Roof* and *Glass Menagerie* are mentioned, as are local actors/directors such as Jessica Walck, Marta Sand and Tera Nicole Miller (if she ever returns to live or do a play back home in Fort Myers.) She'd like to do film someday, and perhaps even direct. Bill Taylor at Theatre Conspiracy has given her the opportunity to direct four 10-minute vignettes for the SoCo Art Crawl. "But I need a lot more experience to tackle a full-length play."

But for now, Galyean is content to just keep improving and expanding her circle of family and friends. If you haven't seen her perform yet, make plans to catch her the next time she lands a role. Dena Galyean is unquestionably one of those actors who just keep getting better and better – both in terms of the parts she lands and the quality of her performances.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

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Road Closures For Dunbar Easter Parade

On Sunday, April 1, the Fort Myers Police Department will close the following roads beginning at approximately 2:15 to 2:30 p.m. for the 74th annual Dunbar Easter Parade:

Dr. Martin Luther King Jr. Boulevard, from Ford Street to Evans Avenue

Cranford Avenue, from Dr. Martin Luther King Jr. Boulevard to Edison Avenue

Edison Avenue, from Evans Avenue to Ford Street

Ford Street, from Dr. Martin Luther King Jr. Boulevard to Edison Avenue

Those who wish to attend the parade are encouraged to arrive prior to 2:30 p.m. and find legal parking that does not disrupt the parade route. Anyone that is not attending the parade should seek an alternate route of travel to avoid any unnecessary delays.✧



Rocker

photo provided

BBQ, Bands & Brew Fundraiser Set For April 8

Lee BIA Builders Care, the nonprofit charitable arm of the Lee Building Industry Association (BIA), recently announced the live music lineup for its 9th annual BBQ, Bands & Brew event at Centennial Park on Sunday, April 8 from 11 a.m. to 6 p.m.

Taking the stage throughout the day are local headlining bands Rocker from 11 a.m. to 12:30 p.m.; Chasing Dallas from 1 to 2:30 p.m.; Deb & The Dynamics from 3 to 4:30 p.m.; and Souliexer from 5 to 6 p.m.

Live music will be paired with food and drinks provided by local restaurants and vendors. A barbecue competition will name the Best BBQ in Town, and children's activities will be held throughout the event.

All proceeds raised at BBQ, Bands & Brew support Lee BIA Builders Care's

mission of providing emergency repairs and construction services at no cost to elderly, disabled and economically disadvantaged homeowners who are unable to obtain repairs through traditional means.

"True to its name, BBQ, Bands & Brew is all about great food, drinks and music, and we're excited to bring some of our area's talented musicians to the stage for this year's event at Centennial Park," said Christi Pritchett, executive director of Lee BIA Builders Care. "All of the event's proceeds support our mission, so we are looking forward to another great event that will help local residents in need of home repairs."

Admission is \$10 per person with tickets available for purchase in advance or at the door. Children ages 12 and under are free. Advance tickets are still available for the event, and can be reserved by calling 938-0056 or emailing BBQ@bia.net.

Centennial Park is located at 2000 West First Street in Fort Myers. To learn more, visit www.leebuilderscare.com/bbq-bands-and-brew.✪

Yard Sale At CROW Next Weekend

Support the Clinic for the Rehabilitation of Wildlife (CROW) while browsing through gently used items at CROW's Yard Sale on Friday and Saturday, April 6 and 7. The sale will be held from 9 a.m. to 2 p.m. on both days.

The yard sale will feature a vast assortment of items, mostly donated by volunteers, CROW staff and members of the community. They include books,

lamps, furniture, jewelry, decorative items and wildlife related artwork.

"Our volunteers have played a big role in helping us organize all the items and price them accordingly," said JoEllen Urasky, CROW business and operations manager. "They have taken the lead for us, which is amazing."

All of the items are reasonably priced from 25 cents to \$50, with a few exceptions. One hundred percent of the proceeds from the sale will benefit CROW.

CROW is located at 3883 Sanibel-Captiva Road. For more information, call JoEllen Urasky at 472-3644 ext. 221.✪

Improv Group At Alliance April 6



Members of Square One Improv

photo provided

The Alliance for the Arts will present Square One Improv group in Theatre Conspiracy on April 6 at 8 p.m.

Square One Improv is a hilarious, musical, interactive comedy group that packs shows with hilarious songs,

sketches and jokes made up on the spot based on audience suggestions. No two shows are the same. General seating tickets are \$15.

For more information on the improv show, visit www.artinlee.org or call 939-2787.✪

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Along The River

The Cape Coral Animal Shelter and **Fathom's Restaurant** will host a special **Easter Yappy Hour** this Friday, March 30 from 5 to 7 p.m.

The Easter-themed benefit will include a best doggie Easter bonnet contest, 50/50 and raffle basket and an Easter parade. The evening festivities will also have live music provided by Bobby Blakey.

The Cape Coral Animal Shelter is currently fundraising to create a non-profit, no-kill animal shelter. Fathom's Restaurant and Bar will be providing beer and wine for the nonprofit organization to receive all proceeds to help fund the building of a shelter.

Fathom's Restaurant and Bar is located at 5785 Cape Harbour Drive in Cape Coral. Cape Coral Animal Shelter is being proposed to be built off of Santa Barbara Boulevard. For more information on the shelter, visit www.capecoralanimalshelter.com.

Experience the beautiful birds of **Bunche Beach** with a **bird patrol** guide this Saturday, March 31 at 7:30 a.m.

The beachfront walk, provided in cooperation with Lee County Parks and Recreation, is free with paid parking. Participants meet on the beach located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road until it dead ends.

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of



There will be fireworks after the home opener of the Fort Myers Miracle photo provided

micro-invertebrates. Participants may also see waterfowl, raptors and warblers.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information, call 707-3015 or visit www.birdpatrol.org.

Southwest Florida Spring Nationals Car Show will be held at **JetBlue Park** this Saturday, March 31 from 9 a.m. to 3 p.m.

Presented by Roadhouse Promotions, Inc., the judged classic car show includes all makes and models of classic cars, hot rods, stock and muscle cars. There will be food, music, free parking and fun for the

whole family. Admission is \$10 for adults, while children age 12 and younger and active military are admitted free.

JetBlue Park is located at 11500 Fenway South Drive in Fort Myers. For more information, visit www.roadhousepromotions.com.

The Bangladeshi American Society of Southwest Florida will hold their 7th annual **Banglafest** at the **Alliance for the Arts** on Saturday, March 31 from 11 a.m. to 8 p.m. Admission and parking are free.

The goal at Banglafest is to share the Bangladeshi heritage, culture, tradition, music, fashion and authentic cuisine to the diversified society of Southwest Florida. There will be performances in music, song, dance, arts and fashion shows. Renowned artists Anima D'Costa and Si Tutul from Bangladesh are among the presenting artists.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers.

The **American Virtuosi Gala** will return to the **Sidney & Berne Davis Art Center** this Saturday, March 31. Cocktail hour begins at 6 p.m., followed by dinner at 7 p.m. and the concert at 8 p.m.

The gala includes a gourmet four-course dinner prepared by Chefs Karen and Mike Gavala of G3 Catering paired with selected wine and classical music from some of today's finest chamber

music performers from around the country. The 2018 ensemble features violinist Peter Winograd, violist Jim Griffith, cellist Andres Diaz and pianist Wendy Chen, plus special guests violinist Anton Miller, violist Rita Porfiris and French horn player Ryan Little.

The American Virtuosi Gala is a fundraiser benefiting the Sidney & Berne Davis Art Center's Eclectic Education programs. Tickets are \$125 or \$900 for a table for eight.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For tickets and more information, visit www.sbdac.com.

The 7th annual **Beer in the Bushes** will take place on the grounds of the **Sanibel-Captiva Conservation Foundation (SCCF) Nature Center** this Saturday, March 31 from 6 to 10 p.m. Live music will be provided by headliner Keller Williams with More Than A Little, a live, soulful R&B-flavored band.

Tickets at \$70 are likely to sell out and must be purchased in advance by visiting www.sccfbeer.eventbrite.com.

Local food trucks will offer a variety of dining options. All tickets include \$10 in TruxBux redeemable for dinner choices from any of the trucks.

Proceeds support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.

The SCCF Nature Center is located at 3333 Sanibel-Captiva Road.

The **Fort Myers Miracle** will begin the 2018 baseball season with the **home opener** slated this Thursday, April 5 for 7 p.m. at Hammond Stadium in CenturyLink Sports Complex.

Promotion that evening for the Class-A Advanced Affiliate of the Minnesota Twins include a magnet schedule giveaway, Thirsty Thursday \$2 12-ounce beers and live music at the bar, college night \$5 tickets with student ID and fireworks at the end of the game.

Ticket prices for box seats and drink rail seats are \$9.50 in advance or \$11 on game day. General admission and lawn seating is \$7.50 in advance or \$9 on game day. Tickets cost an additional \$1 on fireworks nights and \$2 more on Independence Day.

For ticket information and a complete listing of game promotions, call the Fort Myers Miracle at 768-4210 or visit www.miraclebaseball.com.✱

Beach Art Group Student Exhibit Opens April 7

The Fort Myers Beach Art Association (FMBAA) will be hosting the annual Student Artwork Exhibit and Scholarship Reception in its galleries from Saturday, April 7 to Thursday, April 12. Scholarships will be awarded at the reception held on Sunday, April 8 from 1 to 3 p.m. Admission is free to the public.

This exhibit will contain works from college bound seniors from Cypress Lake Center for the Arts and Cypress Lake High School as well as the work

of sixth, seventh and eighth graders from Cypress Lake Middle School.

Marge Lee will head the judging team who will determine this year's recipients for the scholarship awards and other awards.

Throughout the year, the artists and public raise funds through such events as the Art Bazaar, the Paint Around, and Mini Madness. Those funds and other events are contributed towards the FMBAA scholarship funds that total more than \$3,800 annually.

FMBAA is located at 3030 Shell Mound Boulevard on Fort Myers Beach. For more information, visit www.fortmyersbeachart.com, call 463-3909 or stop by the Fort Myers Beach Art Association gallery.✱

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Night For Life Fundraiser April 2

The 11th annual Night For Life fundraiser, sponsored by the Organ Transplant Recipients of Southwest Florida, Inc., will be held at Broadway Palm Dinner Theatre on Monday, April 2 from 5 to 9 p.m.

Tickets are \$35 per person and include a buffet dinner, program, entertainment, and silent and Chinese auctions. Entertainment includes rock and roll band Electric Lipstick. Doors open at 5 p.m. Auctions will be from 5:30 to 8 p.m. and the dinner buffet will be from 5:30 to 7 p.m. For tickets, call David Weinstein at 560-3401.

This event raises money for the

Fletcher Trust Fund, which was established in 2004 to assist transplant recipients and those awaiting transplants in Southwest Florida.

It supports the group's purpose to provide a place for the sharing of medical experiences among members, to provide public information and education on matters relating to organ transplantation and organ donation, and to provide "support" activities for transplant candidates, recipients, donors and families.

For more information about registering to be an organ donor, visit www.donatelifeflorida.org/register.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information on the event, visit www.organsupport.org.✱

Mound House Activities

Mound House and Newton Beach Park are offering activities to go along with their museum tours. They include Beach Walk, a free exploration of the shoreline with a Mound House naturalist at Newton Beach Park on Tuesdays at 9 a.m. (free); Calusa Carvers, wood-carving demonstrations featuring several replica artifacts from the Calusa culture on Mound House grounds on April 3 and 17 at 9 a.m. (free); Family Adventure Tour, an interpretive staff leads families through this entertaining and educational experience on April 4

at 10 a.m. (\$5); Family Fun Kayak Tour, wildlife paddling tour designed especially for parents and their children ages 6 and older with reservations required on April 3 and 7 at 2 p.m. (\$15 for ages 6 to 12 and \$25 for ages 13 and older); Mangroves By Kayak, a paddling eco-tour trip guided by Mound House environmental educator Dexter Norris on April 5 at 9 a.m. (\$45); and Sunset Kayak Tour, a paddling trip during the setting sun on Thursdays at 6:30 p.m. (\$50).

Newton Beach Park is located at 4650 Estero Boulevard on Fort Myers Beach. Mound House is located at 451 Connecticut Street on Fort Myers Beach. Visit www.moundhouse.org or call 765-0865 for more information or a complete list of activities.✱

Poetry Readings At Alliance April 6

To celebrate National Poetry Month, the Alliance has partnered with local poets to create an inaugural Chapbook. The juried entries come together for a celebratory reading and reception on Friday, April 6 from 7 to 8 p.m. The event is free and open to the public.

A chapbook is a small collection of poetry, generally no more than 40 pages. Chapbooks will be on sale at the Alliance for \$12.

Featured poems and poets include: *Fourteen Months* by Marnie Heenan; *The Summer After Freshman Year* by Eddie Krzeminski; *The Things You Never Told Me* by Heather Guevara; *Hillbilly Haiku* by Rusty Gere; *To Be or Not to Be* by Gloria Rasmussen; *Forgotten* by Joe Pacheco; *Full Moon Light* by John Robilotta; *In This House* by Gary McLouth; *The Moment You Know Your Life is Going to Change* by Dorothy Brooks; *Cellophane Man* by Marilyn Mecca; *Swan Upping* by Jim Gustafson; *Kudzu Hymn* by Jesse Millner; *Visit by the Whites* by Dobie Pasco; and *Springtime Sleep* by Joyce Peseroff.

The 2018 Chapbook juror is Joyce Peseroff. Peseroff is the author of five collections of poetry, including *The Hardness Scale*, *A Dog in the Lifeboat*, *Mortal Education*, *Eastern Mountain Time and Know Thyself*. Her most recent collection was designated a "must read" by the 2016 Massachusetts Books Awards. She has served as an editor for Ploughshares and edited *The Ploughshares Poetry Reader*,



Before Dawn by Leigh Herndon

image provided

Robert Bly: *When Sleepers Awake* and *Simply Lasting: Writers on Jane Kenyon*.

Peseroff's honors include grants from the National Endowment for the Arts and the Massachusetts Artists Foundation as well as a Pushcart Prize. Peseroff lives in Bedford, Massachusetts, and spends the winter in North Fort Myers. She taught at the University of Massachusetts-Boston, where she directed creative writing MFA program in its first four years.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, visit www.artinlee.org/chapbook or call 939-2787.✱

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FSW orchestra and choir

photo provided

FSW Memorial Concert April 10

Spring is in the air – and so is music! The Florida SouthWestern State College Orchestra and Choir will be performing a special memorial concert to

honor the legacy and memory of the college's second president, Dr. David Robinson, at the Barbara B. Mann Performing Arts Hall at FSW on Tuesday, April 10 at 7:30 p.m.

While the concert is free and open to the public, attendees are welcome to make contributions to the Robinson

Scholarship Fund, which supports FSW music students.

Entitled the Dr. David Robinson Memorial Concert, this performance honors the college's late second president who passed away in 2016. He led the college from 1965 to his retirement in 1991.

Joe Kramp, senior development director, FSW Foundation, said "Dr. Robinson was a huge fan of the arts. It's a great way to continue his legacy for generations to come."

For more information about the Robinson Scholarship Fund, call 432-6778.*

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalthouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress

View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcmministry@embarqmail.com, facebook.com/nbcmministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.

PEACE LUTHERAN

Sunday 9:30 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjsfwf.org.14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com, 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN

CHURCH Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.*

Animal Shelter Fundraiser Raises More Than \$160K

The annual Decades fundraiser for the Cape Coral Animal Shelter on March 10 was deemed a big success. Capital Campaign donations from the Gunterberg Foundation, and others, plus matching funds and additional generous donations totaled more than \$160,000 making it the most successful year ever.

The 1960s-themed event featured an evening of costumes, cocktails, food, music, dancing, contests, and auctions.

"We are so grateful to have such generosity in Cape Coral. Between our sponsors, supporters and volunteers we can keep our expenses low, and the bulk of the funds towards building the shelter. This is our fourth year of the decade themed event and each year we look for ways to improve and make the event better. Our goal is to increase the awareness that Cape Coral needs an animal shelter and we can build this together as a community," said Cape Coral Animal Shelter Board President and Wicked Dolphin Distillery owner JoAnn Elardo.

Many new and previous sponsors supported the event with generous donations and auction items. Sponsors included Miloff Aubuchon Real Estate, John Michaels Diamond & Jewelry, Wicked Dolphin Distillery, Stephen Todd Interiors, Animal ER of SW Florida, Specialized Veterinary Services, Tow Boat US Cape Coral, Gavin's Ace Hardware, Jet's Pizza, Clear Pay Solutions, High



The 60s Decade fundraiser was cool
photo courtesy TS Gallant Photography

Impact Designz, CapeStyle Magazine, Gator Press, ClearPay Financial Solutions, FOS Furniture, Publix, Intergraphic 2.0, City Subs and Morgan Stanley.

The Cape Coral Animal Shelter is currently in the beginning stages of creating a non-profit, no-kill animal shelter. The organization is dedicated to engaging a special bond between people and animals by means of adoption services, medical care, education and training for the prevention of cruelty and abandonment. The shelter will provide a safe place where animals will receive the care they need and remain until they are placed in a qualified, forever home. For more information on the shelter, visit www.capecoralanimalshelter.com.✱

Hot Dog Contest Qualifying Circuit Visits Fort Myers

Nathan's Famous will hold the Florida qualifier for the annual Fourth of July International Hot Dog-Eating Contest at Hammond Stadium at the CenturyLink Sports Complex on Saturday, April 14 at 5:30 p.m.

The top male and female finishers in the event will qualify for a seat at the Nathan's Famous Fourth of July International Hot Dog Eating Contest in Coney Island, Brooklyn on July 4. They will face reigning champions Joey Chestnut and Miki Sudo.

"The launch of the annual Nathan's Famous hot dog-eating contest circuit signals the arrival of summer," said Scott Harvey, executive vice president of Nathan's Famous. "Some of the most accomplished eaters in the world will compete at this event, but we also are seeking new talent in Fort Myers to represent our nation on the most patriotic day of the year."

"Competitive eating is the lens through which our humanity is revealed," said Major League Eating Chair George Shea. "Competing against world champ Joey Chestnut on the big stage in Coney Island on July 4 is the dream of any patriot."

Chestnut of San Jose, California currently holds the title of hot dog-eating world champion after defeating rising star Carmen Cincotti with a Coney Island record of 72 hot dogs in 2017. Chestnut's all-time best is a world record 73 Nathan's Famous hot dogs and buns in 10 minutes. Miki Sudo of Las Vegas, Nevada will defend her title as female champion, having consumed 41 hot dogs and buns in 10 minutes in 2017, a new personal best.

In recent years, an estimated 35,000 fans have traveled to the corner of Surf and Stillwell avenues in Coney Island to watch the Nathan's Famous Fourth of July International Hot Dog-Eating Contest in person. The live telecast of the event has consistently attracted millions of viewers since ESPN first aired the contest in 2004.

According to legend, the Nathan's Famous Fourth of July International Hot Dog-Eating Contest has occurred each July 4 in Coney Island since 1916, the year Nathan Handwerker opened the beloved restaurant. MLE, the governing body of all stomach-centric sports, sanctions the Nathan's Famous Hot Dog-Eating Circuit and ensures the contests are judged professionally and that safety standards are in place at each event.

Those interested in competing in the Florida qualifier should visit www.majorleagueeating.com to obtain information and register. All competitors must be over 18 years of age.✱

Final Concert For Community Band



Richard Bradstreet and the Lee County Community Band

photo provided

The Lee County Community Band will present Magic Moments, its last concert of the season, at Cape Coral High School on Sunday, April 8 at 3 p.m.

Under the baton of Richard Bradstreet, the band will perform von Weber's *Peter Schmolli Overture*, Warrington's *Original Dixieland Concerto*, Irving Berlin's *Songs for America*, *The Homefront - Musical Memories for World War II*, plus spirited marches, Broadway hits and a sing-a-long.

An institution in Southwest Florida, the Lee County Community Band plays to a large, loyal, enthusiastic audience. Admission is free, though donations are

accepted.

The band will resume rehearsals in October. Its first performance of the 2018-19 season - all at Cape Coral High School at 3 p.m. - will be in mid-November.

The 50-member band is comprised of professional and amateur musicians from all walks of life who reside in Lee, Collier, and Charlotte counties.

Cape Coral High School is located at 2300 Santa Barbara Boulevard in Cape Coral. For more information, visit www.leecountyband.org or call Norman Jones at 995-2097.✱



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PACE Center Raises \$65,000 At Grande Dames Tea



From left, Lynn Talone, Kathy Toll and JoAnn Lewin

PACE Center for Girls of Lee County celebrated the 10th anniversary of The Grande Dames Tea with a sold-out crowd at the Broadway Palm on March 13.

The community came together and raised more than \$65,000 honoring the legacy of the incoming Grande Dames and all women who have played important roles in their lives.

Barbara Yeomans of Fort Myers, the late Dena Geraghty of Fort Myers and the late Elizabeth (Betty) Sanders of Fort Myers were honored for their roles in Southwest Florida history and their

decades of service and helping others. Eunice Bremner of Fort Myers also was recognized as an Honorary Grande Dame.

This year, Kathy Kleist and the Kleist Family foundation made a \$10,000 gift to the Michel Doherty Grande Dames Scholarship fund in the name of Dena Geraghty and in honor of Kathy's mother and Grande Dame Eleanore Kleist. This fund provides scholarship opportunities to PACE Girls in the Transition Program seeking vocational training and higher education.

Bill Barker, The News-Press Media



Grande Dames past and present include, standing from left, Ettie Francis Walsh, Barbara Yeomans, Beverly McNew and Sharlene Dozier. Seated from left, Margaret Sirianni, Jacke McCurdy, Betty Anderson, Anna Boots Tolles, Melvin Morgan and Patricia Carroll

Group president and publisher, served as master of ceremonies. Chair of the event was Kathy Toll with Nancy Finch serving as co-chair. Both are members of the PACE Lee Board of Directors.

"These outstanding women came from varied backgrounds. There was so much insightful advice offered for the audience and the PACE girls," Toll said.

The late Dena Geraghty, who passed away earlier this year, was represented by her daughter, Kelley Geraghty Price, who detailed what her mother intended to relay to the audience. The late Betty Sanders, who also passed away just weeks before the event, was represented by her

sister-in-law Deanna Sanders Hansen.

"Our theme of The Wisdom of Age – Honoring the Female Spirit was so appropriate because each of these women had much to share from their own life's journey," Finch said.

A special musical performance by the PACE Girls' Harmony Choir was a major highlight of the tea.

The PACE girls also assisted with the fund-raising efforts by creating one-of-a-kind bracelets that were purchased and featured by many event attendees.

For more information about PACE, call 425-2366 or visit www.pacecenter.org/locations/lee.



From left, Vee Yerrid, Nancy Finch, Lori Munro and Holly Olsen



Barbara Yeomans Jane Yeomans



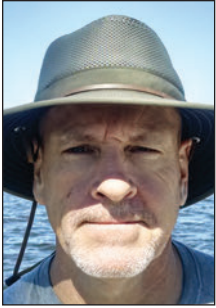
From left, Renee Ciccarello, Taylor Woods, Heather Woods and Suzi Woods



From left, Kathy Adams, Deanna Hansen, Nancy Humphrey and Marnie Briggs

CROW Case Of The Week:

Sora



by Bob Petcher

The sora (*Porzana carolina*) is a robin-sized bird that is small and chubby with long toes. From the rail family, this secretive brown-and-gray marsh bird is said to have features of

a chicken due to the way it walks slowly through shallow wetlands.

While it does take some effort to find, the sora is regarded as the most abundant and widespread rail in North America. Interestingly, these chubby-bodied birds can fly long distances and reportedly do so for hundreds of miles each spring and fall to wetlands in Central and South America.

At CROW, a juvenile sora was admitted to the hospital from Sanibel on St. Patrick's Day after it was found struggling in a canal. During its intake exam, veterinarians noted the patient to be emaciated with swelling over its left radius and ulna. It was suspected of having a fracture, but full x-rays would be needed to determine if this was the case.

Unfortunately, due to the bird's emaciated condition, veterinarians could not anesthetize the bird for full radiographs at the time of intake. It was placed in a body wrap to stabilize

the wing and provided fluids and pain medication. The patient was also started on a re-feeding plan.

"The sora was safely anesthetized for full-body radiographs four days after being admitted to the hospital," said Dr. Robin Bast, CROW veterinary intern. "After four days of treatment and nutritional support, the bird was more stable and a better candidate for anesthesia."

According to Dr. Bast, x-rays confirmed suspicions of a fracture.

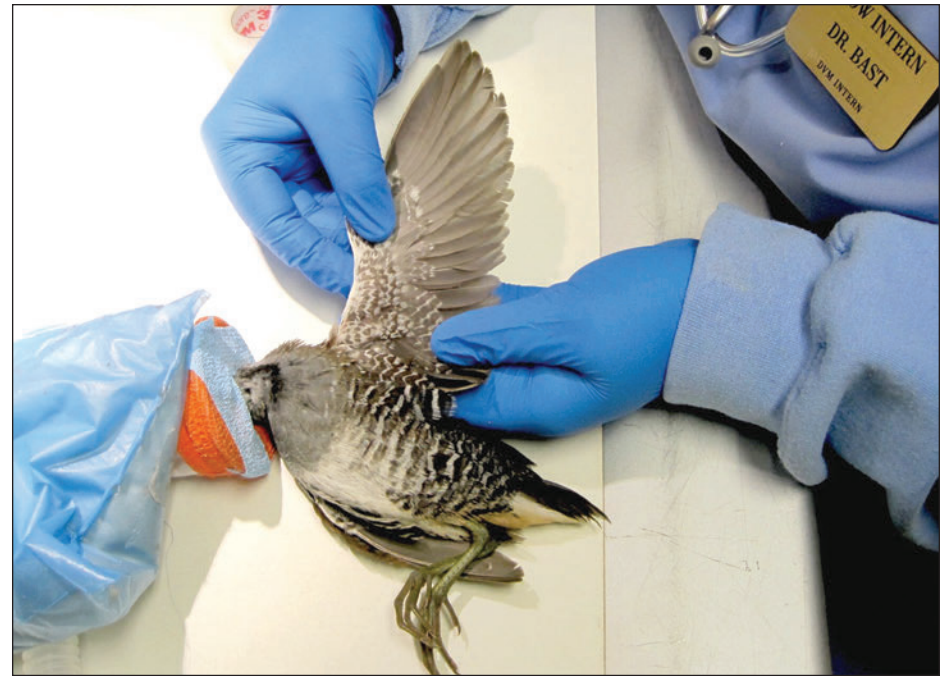
"(It was) a simple, broken in one piece, fracture of the left radius; the ulna remained intact which acts as an "internal splint" to help stabilize the neighboring radius bone," she said. "Since the bone fragments were well aligned, we were able to treat this bird with a stabilizing bandage instead of surgical repair."

The sora continues to be treated with therapy in between wing wrapping.

"The bird has a body wrap in place which is removed every three days for physical therapy under sedation," said Dr. Bast. "After two weeks, the bandage will be removed for one week strict cage rest before the sora is moved to an outside enclosure for the next phase of rehabilitation."

Dr. Bast was asked if the bird's struggles in a canal could be attributed to brevetoxicosis since red tide has been affecting other birds recently.

"We don't know what caused the injury itself – there were no other wounds found. Several possible explanations exist, including traumatic incident, or debilitation from a chronic process – disease or toxin – could have resulted in



Dr. Robin Bast examining the sora's injured wing

photo by Bre Frankel

the bird struggling to get out of a certain area and injuring itself secondarily," she said.

After a full week at the clinic, the sora appears to be reacting well to treatment.

"At the last physical therapy session, a palpable callus had formed over the fracture, and it is healing well. The bandage will be removed in three days followed by strict cage rest for a week before moving outside for flight conditioning," said Dr. Bast. "The sora has gained weight with the re-feeding

plan. If all continues to go well, it will be ready to release within the next two to three weeks."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

Calusa Palooza Canoe, Kayak And SUP Race

The third-annual Calusa Palooza, a competitive race event organized by the College of Life Foundation for paddling enthusiasts, will be held at Koreshan State Park on Saturday, April 7. Check-in is from 8 to 8:45 a.m., the race meeting begins at 9 a.m. followed by the races with staggered starts at 9:15 a.m., a Calusa Kids' Race at 10:30 a.m., lunch in the social picnic area at noon and awards ceremony directly afterwards.

The Estero River race includes events for standup paddle boarders (SUPs) as well as kayaks, outrigger canoes and surf-skis. The American Canoe Association-sanctioned race will include an 8-mile race, 4-mile race and the free quarter-mile Calusa Kids Race. More than 80 paddlers from Florida attended last year's Calusa Palooza.

The event is free for spectators, and several locations along the river offer vantage points.

This year, Calusa Palooza organizers hope to attract even more local participants and spectators. A renewed emphasis will be placed on introducing more people to paddling as a family-oriented event. There will be free kayaks and SUPs available through Estero River Outfitters on a first-come, first-serve basis.

Pre-registration is required for racers. There will not be an opportunity to register the day of the event. Race entries are \$35. All proceeds from Calusa Palooza will benefit a summer camp for underprivileged youth, which includes youth paddling sports in Southwest Florida and an environmental workshop.

"My goal as a race director is to get our community involved in paddle sports while supporting a great cause," said Brandy Minchew, Calusa Palooza race director. "This race is not only for our local competitive racers, but for our everyday paddler as well. I have the honor of offering a summer camp for underprivileged youth every summer and, without the proceeds from this race, I would not be able to do this. Our community is so supportive."

To register or for a full event schedule, visit www.paddleguru.com/races/CalusaPalooza2018. Out-of-area paddlers and spectators can book lodging at a discounted rate at www.floridastateparks.org/park/koreshan.

Event sponsors include FineMark Bank, Coconut Point Ford, The Great Calusa Blueway, Rotary Club of Estero, BayWater Boat Club, Koreshan State Park, Argo, Boral Engineering & Design, RiverGlades, Sanibel Sea School and LAI Group of Florida.

Koreshan State Park is located at 3800 Corkscrew Road in Estero. For event information, call Minchew at 992-2184 or email esteronaturalist@gmail.com.

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Non-native spiny sowthistle is a very common weed and a member of the aster family
photo by Gerri Reaves

Plant Smart
Spiny Sowthistle
by Gerri Reaves

Spiny sowthistle (*Sonchus asper*) is a fast-growing wildflower naturalized in much of the state, meaning that it needs no help from people to propagate. It's found along roadsides and in yards, undeveloped lots and disturbed areas. Also called common, field, or spiny-leaved sowthistle, it can be a particular problem in cattle pastures or agricultural fields. A single sowthistle can produce 4,000 to 13,000 seeds that can remain viable for years, waiting for suitable

conditions to grow. The tenacious plant first sends down a taproot several feet long and develops a rosette of dark-green leaves. The leaves are deeply lobed at the base of the plant but smaller and less deeply lobed on the upper stems. The upright stems branch near the inflorescence. The stem can be as tall as 6 feet. The alternative leaves clasp the stems, are curved at the base and often have a white or purplish midrib. They have a frilly or wavy look and are tipped with spines, giving the plant an overall prickly appearance, thus justifying the term *asper*, which means "rough."

Broken stems and leaves exude a milky sap. The numerous yellow flowers are composed only of ray flowers and resemble the dandelion – another member of the aster family. They measure less than an inch across and bloom in all but the cooler months. Spent flowers become "puffball" seedheads that are dispersed by the wind. Each tiny brown seed is attached to its own miniature silky parachute. This weed has positive attributes too.

Food-foraging experts prepare and eat the leaves as salad greens, insects visit it for nectar, and birds visit for seeds and insects. Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Wildflowers of Florida Field Guide* by Jaret C. Daniels and Stan Tekiela, www.edis.ifas.ufl.edu, www.eol.org, and www.orlandosentinel.com. *Plant Smart explores the diverse flora of South Florida.*✽

Foundation Collaboratory Updates April 7

Sarah Owen, president and CEO of the Southwest Florida Community Foundation, will share updates and previews on the foundation's \$10.5 million Collaboratory project in downtown Fort Myers at The Lodge at Heritage Palms Golf and Country Club on Saturday, April 7 from 9 to 11 a.m. Interested participants will learn how a renovated 1920s train depot is being transformed into a LEED Gold space

designed to bring people, ideas and funding together to solve our region's most pressing issues. Owen leads a passionate and diverse team dedicated to driving regional change for the common good. The foundation is committed to engaging the community in conversations and action that creates sustainable positive change and provides the funding to make those changes a reality. The Lodge at Heritage Palms Golf and Country Club is located at 11070 Seminole Palm Way in Fort Myers. For reservations, call 278-1032 or e-mail reservations@lwvlee.org by Wednesday, April 4.✽

FOUR FREEDOMS PARK ACTIVITIES

Japanese For Children

Children ages 8 to 14 can learn basic Japanese phrases that will build conversational skills in this language at Four Freedoms Park on Wednesdays from April 4 to 25 from 5 to 6 p.m. A variety of everyday situations and specific aspects of Japanese culture will be covered through fun, interactive exercises. This class will also consider the basics of Japanese writing, starting with the Hiragana character system and briefly looking over Katakana and simple Kanji. Cost is \$32.✽

will be covered through fun, interactive exercises in these classes for ages 15 and older. The basics of Japanese writing, starting with the Hiragana character system, and briefly looking over Katakana and simple Kanji, will also be taught. Cost is \$32.✽

Essential Oils For Health/Wellness

There will be a class on essential oils at Four Freedoms Park on Tuesdays from April 3 to 24 from 3 to 4 p.m. Experience and learn about essential oils for you and your family as a natural alternative to products that contain toxic chemicals. You will learn about the different essential oils and their benefits. Raffle prizes will be drawn at each class. Cost if \$25.✽

College Unmazed

The City of Cape Coral Parks & Recreation Department is offering a course to thoroughly prepare students for the college application process from college searches, resumes, essays and scholarships. The course will be held at Four Freedoms Park on Saturday, April 21 from 9 a.m. to noon. A workbook will be included, and parents are welcome to attend at no additional fee. A computer with Wi-Fi is suggested. Cost is \$75 per student. For more information, call 574-0804.✽

Coming Out Of Survival Mode

A class for ages 18 and older will teach the principle to attract abundance into your life and empowering yourself with the tools to overcome any challenge or obstacle. Classes will be held at Four Freedoms Park on Tuesdays starting April 3 from 4 to 5 p.m. Cost is \$20.✽

Japanese For Adults

Learn basic Japanese phrases that will build conversational skills in this language at Four Freedoms Park on Wednesdays from April 4 to 25 from 6 to 7 p.m. A variety of everyday situations and specific aspects of Japanese culture

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Some of the 80 local youngsters involved with Creative Theater Workshop, which will stage Disney's *Aladdin Jr.* from April 5 to 8 at The Community House photos provided

Permanent Space Sought For Children's Theater

by Jeff Lysiak

With the goal of establishing a permanent children's theater, Creative Theater Workshop (CTW) is currently participating in A Community Thrives, an online fundraising project that will distribute \$600,000 in grants.

According to Michelle Hamstra, artistic director at CTW, A Community Thrives is a USA Today Network nationwide program focused on helping organizations related to wellness, arts and culture, and education.

"Our new permanent children's theater will not only offer students more opportunities to perform and grow as artists," said Hamstra. "It will be a safe place where amazing professionals in the field will mentor our local students."

Now through Friday, May 11 at 11:59 a.m., up to 16 grants will be awarded by the Gannett Foundation through CrowdRise, which administers innovative fundraising competitions for charitable organizations designed to build capacity, create massive engagement and leverage, and use the power of the crowd to provide new meaningful funding streams for organizations in every sector. Founded by actor Edward Norton, film producers Shauna Robertson and Robert and Jeffrey Wolfe, CrowdRise has

event, held each year in August, to help ensure local children have the supplies they need as they begin the school year.

"This community event encourages healthy lifestyles and gets families outdoors participating in a fun, healthy activity," said Jaime Weisinger, community relations director for Lipman Family Farms. "And this year, with the addition of a one-mile walk, individuals of any age and ability can participate. The event raises more than \$25,000 each year and continues to grow. It's so exciting for all of us at Lipman to see communities come together to support the region's children each year. We are so grateful for the growing enthusiasm around the event."

Pre-event registration is available at www.lipmanfamilyfarms.com. Each registrant receives an exclusive race T-shirt. All fitness levels are welcome.

Immokalee High School's Gary Bates Stadium is located at 701 Immokalee Drive in Immokalee. Businesses and individuals interested in sponsorships should contact Jaime Weisinger at 657-4421 or via email at jaime.weisinger@lipmanproduce.com.



The cast of Creative Theater Workshop's production of Disney's *Aladdin Jr.* rehearsing a dance number

conceived, implemented and powered campaigns that have raised hundreds of millions of dollars to date.

For more information, visit www.CrowdRise.com.

Hamstra explained that if funded via a grant, the future CTW theater will be "a safe place" dedicated to creating theater for young people throughout the year. "We need funds to secure a facility," she noted. "Once we are established in the space, the program will sustain itself."

To help Creative Theater Workshop receive grant money from A Community Thrives, visit www.crowdise.com/o/en/campaign/creative-theater-workshop.

"A permanent children's theater will allow us to increase our productions from two to three shows a year to 10

to 12 shows a year," added Hamstra. "Students will have the opportunity to take quality classes in acting, singing and dancing. An advanced drama team will be created for competition and traveling. Mystery dinner theater, musicals and non-musicals will be presented. School field trips will be offered in order for the entire community to enjoy the new venue."

Next month, CTW will stage its eighth production on Sanibel. With a cast of 80 comprised of both on-island and off-island actors and actresses ages 6 through 17, Disney's *Aladdin Jr.* will debut at The Community House on Thursday, April 5, with performances of the musical running through Sunday, April 8. To purchase tickets or for more information, call 738-3525 or visit www.ctw.life.

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Lipman Family Farms 5K Run For Backpacks

Lipman Family Farms – North America's largest open field tomato grower and one of Southwest Florida's largest employers – will hold its 4th annual 5K Run For Backpacks at Immokalee High School's Gary Bates Stadium on Saturday, April 21. This year, the 5K Run and Junior Fun Run format is being expanded to include a 1-Mile Walk.

Registration starts at 6:30am. The race begins at 8 a.m. Registration is \$20 for students, \$30 for pre-event general registration and \$35 the day of the event. A discounted fee of \$25 is offered to groups. The Junior Fun Run is free.

Through sponsorships and event registration fees, the annual event raises funds to purchase more than 1,500 backpacks filled with school supplies for students in the Immokalee area. The backpacks are distributed at Lipman Family Farm's Backpack Giveaway



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Spring Fishing Close At Hand



by Capt. Matt Mitchell

Yet another March cold front put the breaks on snook fishing again for a few days with our morning lows dipping into the low 50s. This latest cold blast was as cold

as anything we have dealt with almost all winter long. After having had such mild weather the whole month of February, this late season cold front was another real shocker to the fish.

If the cold did not keep you off the water for a few days, then the strong winds certainly did. Weather conditions caused lots of cancelled fishing trips as conditions were just unfishable for a few days. Once the wind speed did finally began to relax a little, we bundled up and ventured back out to enjoy some outstanding sheepshead fishing. Then gradually as temperatures slowly crept back up, snook and trout fishing began to get back to normal.

Whenever we get such a drastic 10-plus-degree drop in water temperature, fishing just totally changes for a few days. Sheepshead is one of the few species that feeds better during these cold temperatures and, for several days, we targeted and caught lots of keeper sheepshead up to 5 pounds. Just about any dock close to the passes was loaded up with fat roe-filled

sheepshead, which are at the end of the annual spawn. This was probably our last chance at some really good sheepshead action until next winter.

For a few days after the cold front passed, we struggled to catch shiners and – even when we did get them with water temperatures hanging in the mid 60s – nothing would eat them. Cooler temperatures and rough conditions push these favorite baits out to the deeper warmer water from the grass flats. The aggressive snook and trout bite we are used to got a whole lot slower, although it is improving everyday as temperatures gradually warm back up. In many sheltered shallow dark bottomed bays, I found lots of snook just laid up soaking in the heat from the sun as they tried to warm up.

When going fishing after yet another extreme cool down like we just experienced, having the ability to switch it up and go target sheepshead is often the only choice when you need to catch fish. Luckily, this week, I had anglers who were just happy to be out on the water and catching any kind of fish. When we changed it up to the ultralight spinning gear, we made the best of this bad weather situation and still managed to keep the rods bent. Now that we finally have a week of 80-degree temperatures in the forecast, fishing will really light up. Once our water temperature starts getting into the middle 70s, it's like someone flips the on switch.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪



Trout fishing came back to life as water began to warm again

photo provided

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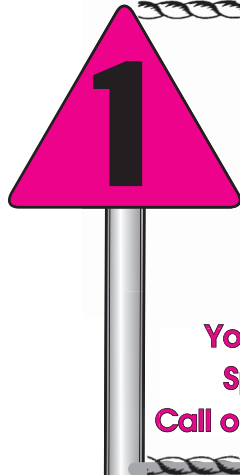
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Dave Doane

Songs And Stories For Soldiers Joins Forces With Honor Flight



Local veterans and guardians being honored in Washington, DC

submitted by Dan Perkins

Honor Flight of Collier and Lee County is a veterans service organization that takes veterans and a guardian to Washington, DC to see many of the war memorials. The flight is paid for by donations from individuals and organizations that want to thank those men and women who have served our nation.

The veterans are transported to and from Washington, DC for no out-of-pocket expense, and guardians pay their way for the trip.

Initially started for World War II veterans, it now includes World War II, Korean War and Vietnam War veterans. This trip allows the veteran to see the tributes a grateful nation has erected for them and their brothers and sisters who served our country.

Songs and Stories for Soldiers is a Sanibel-based 501(c)3 non-profit that is

now working with this group and other Honor Flights in the state of Florida. In addition, the veterans are given an MP3 audio system for free. Songs and Stories for Soldiers is seeking donations to defray the cost of the MP3 players given to the Honor Flight veterans. A contribution of \$10 will pay for the system. The MP3 system comes loaded with two novels and an eight hour, custom-designed sleep audio to help veterans who are dealing with sleep deprivation to get needed sleep. The www.songsandstoriesforsoldiers.us website offers veterans free downloads from three million songs, more than 100,000 audiobooks and 30,000 old time radio shows, plus three more eight hour sleep audios.

For more information and to make a contribution and learn about the great things both of these organizations do for veterans, visit Honor Flight online at www.collierhonorflight.org and visit Songs and Stories for Soldiers, Inc. online at www.songsandstoriesforsoldiers.us.✱

photo provided

Spiny Lobster Season Closes April 1



Spiny lobsters

photo provided

The spiny lobster recreational and commercial season closes to harvest in state and federal waters starting Sunday, April 1. It will reopen August 6. The two-day recreational sport season is the last consecutive Wednesday and Thursday of July, which is July 25 and 26 this year.✱

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Dr. Erinn Muller photos provided

Scientist To Discuss Coral Restoration

Coral reefs are one of the most biologically diverse ecosystems in the world and worth more than \$6 billion to the state of Florida. Corals, however, are dying at an unprecedented rate because of global and local threats such as climate change, ocean acidification, and disease outbreaks. Mote Marine Laboratory scientist Dr. Erinn M. Muller aims to understand how these threats are impacting reefs around the



Dr. Erinn Muller will speak about her close and scholarly relationship with coral reefs

world and identify corals that are resilient to the stressors.

On Friday, April 6, Dr. Muller will be presenting two free programs titled Coral Restoration at 10 a.m. and 1 p.m., part of the 2018 "Ding" Darling Lecture Series at the JN "Ding" Darling National Wildlife Refuge on Sanibel.

Dr. Muller hopes to use her research on the distribution, prevalence and mechanisms creating resilient corals to increase the success of coral restoration activities, while also promoting the retention of high genetic diversity within the reefs of the Florida Keys.

The staff scientist and program

manager of the Coral Health and Disease Program at Mote Marine in Sarasota, Florida earned her doctorate in biology from the Florida Institute of Technology in Melbourne, studying Spatial and temporal dynamics of coral disease in the U.S. Virgin Islands and Puerto Rico.

Dr. Muller has written numerous published papers on coral bleaching and disease and has won several awards for her work, including the International Society for Reef Studies Young Scientist of the Year Award in 2015.

HighTower/Thomas & Swartz Wealth Management sponsors the refuge's 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The season's remaining lecture is listed below.

Seating for the lectures is limited and available on a first-come basis. Early arrivals can save one seat each with personal items. Saved seats must be filled 15 minutes before lecture time.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to enjoy the free Visitor & Education Center, Indigo Trail and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to dingdarlingsociety.org/articles/lecture-and-film-series.

April 13 – Avian researcher Dr. Kenneth Meyer, Swallow-tailed Kites: 10,000 Miles to Survival.*



The 2018 volunteer appreciation group

photo provided

Shine Volunteers Honored For Commitment

Sixty dedicated volunteers were honored for their commitment to the SHINE (Serving Health Insurance Needs of Elders) program at a ceremony on February 15. The volunteer appreciation ceremony took place at the Edison Restaurant, Bar & Banquet Center in Fort Myers.

SHINE is an award-winning Medicare and health insurance information,

counseling and assistance program. The SHINE program is administered by the Florida Department of Elder Affairs and operated locally by the Area Agency on Aging for Southwest Florida (AAASWFL). SHINE volunteer counselors provide free, unbiased, confidential Medicare counseling and other health insurance counseling, and information to help Medicare beneficiaries, their families and caregivers understand their health care options.

In 2017, these 60 volunteers helped more than 9,400 clients by conducting counseling on Medicare, Medicaid, health insurance, prescription drug plans and long-term care planning. In total, the AAASWFL SHINE volunteers provided

more than 5,750 hours of counseling last year.

AAASWFL is currently seeking SHINE volunteers. Requirements include an interest in working with seniors and people with disabilities, along with computer and internet navigation skills. Volunteers are asked to attend professional training and update meetings. The ability to communicate in both English and Spanish is ideal, but not required. Anyone interested in becoming a SHINE volunteer may contact Camilita Aldridge, AAASWFL SHINE liaison, at 652-6900 for more information about volunteer opportunities

or to apply.

Persons wishing to receive Medicare counseling and other health insurance counseling assistance from SHINE may schedule appointments at designated counseling sites, attend enrollment events, or arrange to speak with a trained SHINE counselor by calling the AAASWFL's toll-free Elder Helpline at 844-41-ELDER (866-413-5337). For a listing of SHINE counseling sites and enrollment events, visit www.floridashine.org.

For more information, visit www.aaaswfl.org or call the toll-free Helpline at 866-413-5337 (866-41-ELDER).*

Lee OFA Indivisible To Hold Meeting

Lee OFA Indivisible will hold its monthly meeting with the topic Stop the Presses: Are Journalists Still Relevant at the Unitarian Universalist Church on Thursday, April 12. Social hour begins at 6:30 p.m. and speakers start at 7 p.m.

Dr. Robert Hilliard, a Purple Heart recipient and World War II Army veteran who witnessed the results of fascism firsthand, is one of the speakers. His and a friend's actions saved the lives of thousands of Holocaust survivors. He has worked professionally in radio, television, theater and journalism. Many of his 35 books and 20-plus plays deal with

political and social issues.

Roger Williams, a Florida resident since 1994 who has written for *The News-Press* and currently writes for the *Florida Weekly*, will be the second speaker. He is an award-winning journalist who won the Jon A. Roosenraad Award for defense of the first amendment.

The panel will be moderated by Barb Griffith, author of the *Swamp Report* and a recent article *A Grammar Lesson on the 2nd Amendment*. Bring your questions and concerns about this important and timely issue to be addressed by these knowledgeable journalists.

The Unitarian Universalist Church is located at 13411 Shire Lane in Fort Myers. For more information, visit www.leeofaindivisible@gmail.com.*

Networking Meeting Focuses On The Value Of Volunteerism



Kelly Fayer photos provided

The Greater Fort Myers Chamber of Commerce Women in Business Committee (WIB) will host its April networking meeting at The Burroughs Home on Wednesday, April 4 from 4 to 6 p.m. This month's WIB event will focus on The Value of Volunteerism while providing open networking for local professionals.

Local community leaders and volunteers Marc Collins of Carroll Properties and Kelly Fayer, PA will cover the benefits of community involvement and the importance of donating time and talent. They'll discuss the immense value that volunteers bring to the table for local non-profits and the value that



Marc Collins

volunteering can add to your own life, both professionally and personally.

The Burroughs Home is sponsoring the business meeting, while Larue Pest Management is the scholarship sponsor for the event. The non-profit spotlight will highlight the Uncommon Friends Foundation.

All business professionals are invited to attend. Admission is \$10 for Greater Fort Myers Chamber of Commerce (GFMCC) members and \$20 for future GFMCC members.

The Burroughs Home is located at 2505 First Street in Fort Myers. To register, call 332-3624 or visit www.fortmyers.org.

Chrysalis Awards Celebration Set For April 19

The Lee County Visitor & Convention Bureau (VCB) and the Greater Fort Myers Chamber of Commerce will host the 9th annual Celebration of Business & Tourism Chrysalis Awards Luncheon and Trade Show at The Westin Cape Coral Resort at Marina Village on Thursday, April 19 from 10:30 a.m. to 2 p.m. General admission is \$45.

The Chrysalis Awards represent an ongoing partnership between the business and tourism communities. The awards ceremony is designed to foster a stronger alliance between the tourism industry and the county's business community.

"The Chrysalis Awards spotlight the dedication and hard work by our tourism partners," said Tamara Pigott, VCB executive director. "This

is a time to shine and celebrate the tourism industry and all they do for Lee County."

The Celebration of Business & Tourism Chrysalis Awards Luncheon and Trade Show is part of the VCB's year-round Team Tourism program, which recognizes the value of tourism and community teamwork in maintaining and enhancing tourism as a major economic engine for Lee County.

At the luncheon, six Chrysalis award recipients will be announced. The awards will be in six categories: Business Development, Cultural Achievement, Education, Business Tourism Leader, Eco Innovation and Sales & Marketing. A panel of local business and community leaders judge the nominations and select one award recipient for each category.

The Westin Cape Coral Resort at Marina Village is located at 5951 Silver King Boulevard in Cape Coral. For VIP tables and tradeshow registration, visit www.leevcb.com/the-vcb/chrysalis-awards.

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Catherine Bergerson photos provided

Conservancy Honored With 12 ADDY Awards

The Conservancy of Southwest Florida has been honored with 12 awards from the American Advertising Federation for excellence in advertising and marketing initiatives.

The conservancy earned four gold awards and eight silver awards at the 2018 American Advertising Awards (ADDY) ceremony for AdFed's Suncoast region, which stretches from Sarasota south to Marco Island. The 12 awards are the most the conservancy has ever won in a single year.

AdFed Suncoast awarded gold to the Conservancy for:

- Birds Eye View editorial spread: To help promote the Magic Under



the Mangroves fundraising event, the conservancy created an eye-catching design titled "Birds Eye View" that appealed to potential donors and attendees.

Burmese python promotional video: A one-minute educational video showcases the work of the conservancy's team of biologists in the field as they track and research the invasive Burmese python and its harmful impact of Florida's wildlife and habitat.

Critter Courier packaging: Critter Couriers are trained volunteers who rescue injured and orphaned animals, and the conservancy produced a colorful transport box with educational messaging for its volunteers to use.

Estuaries Report Card public service campaign: The conservancy produced a special guide to help residents and visitors understand the health of Southwest Florida's rivers, estuaries and



bays, issuing letter grades to 10 regions on wildlife habitat and water quality.

Under the direction of Catherine Bergerson, director of communications and marketing, the conservancy's in-house communications team includes Kate Kintz, graphic design and production manager, and Greg Willette, digital media and marketing coordinator. Kintz has worked at the conservancy since 2008. Her design work on behalf of the Conservancy has earned more than 46 ADDY awards. Willette began working at the conservancy in 2013 and his talent has helped the conservancy enter the competitive field of digital advertising.

"We have an amazing team of communications professionals at the conservancy, so it's no surprise to see them being honored again for their outstanding work," said Rob Moher, president and CEO of the conservancy.

"The key to protecting our natural resources and habitat is to communicate our mission with as many people in as many formats as possible, and winning 12 ADDY awards is a testament to our team's ability to deliver a consistent message in print media, digital media and social media."

The ADDY Awards are the industry's largest and most representative competition, recognizing the creative spirit of excellence in the art of advertising. Each year, more than 60,000 entries are submitted to local AFF Club competitions, which are the first phase of a three-tier national competition. Gold winners automatically are advanced to the district competition in April.

AdFed Suncoast awarded eight silvers to the conservancy for:

- Card, invitation or announcement: Magic Under the Mangroves invitation
- Card, invitation or announcement campaign: Magic Under the Mangroves gala portfolio
- Public service brochure: Estuaries Report Card brochure
- Public service direct marketing and specialty advertising: Estuaries Report Card broad sheet
- Public service direct marketing and specialty advertising: Estuaries Report Card campaign
- Out-of-home campaign: "Through their Eyes" campaign
- Public service online or interactive campaign: "14 Ways to Prevent Injuries to Wildlife" public service announcements
- Infographic: Drop in the Barrel graphic

The conservancy's qualifying entries will be judged at the regional competition in Orlando in April.✱

Center To Host Administrative Professionals Day

For the 15th consecutive year, the Dr. Piper Center for Social Services, Inc. will celebrate local administrative professionals with a special event at the former Saks 5th Avenue store at Bell Tower Shops on Wednesday, April 25 from 10 a.m. to 1 p.m. .

Tickets are \$35 per person and include admission to the event, a lunch buffet, fashion show presented by Bell Tower Shops, silent auction, entertainment, balloon pops and much more. Corporate tables for eight are available for \$250. Proceeds from this event will help provide services to homebound frail elderly, children with special needs and mentors in Southwest Florida communities.

Since 2004, the Dr. Piper Center has honored office workers, managers, and directors for their innovation, improvements and commitment to their organizations, and excellent customer service. This year's awardees will receive a certificate of recognition, plus an opportunity to be a model in the fashion show. The top three nominees will receive a gift card towards the purchase of their personally styled outfit. Up to three

individuals will be awarded the distinction of 2018 Outstanding Administrative Professional.

Reservations for the event and award nominations are due on or before April 13. For more information or to obtain a nomination form, email Nida@DrPiperCenter.org or call 332-5346. You can also register and nominate online at www.DrPiperCenter.org.✱

Dress For Success Annual Gala

Dress for Success SW Florida has announced its annual signature event: A New York Night in Black & White will be held at the Hyatt Regency Coconut Point Resort and Spa on Friday, May 11 from 6 to 9 p.m.

This year, the gala theme celebrates the style and sophistication of New York. The evening will include hors d'oeuvres, Champagne, dinner, as well as live and silent auctions. Guests are invited to wear their finest black and white cocktail attire for an evening of fun and fashion to support Dress for Success SW Florida.

Liz Carey, chief affiliate growth and sustainability officer of Dress for Success Worldwide, is the keynote speaker. She is responsible for the overall health and governance of the organization's global

affiliate network. Carey overhauled the application process for new Dress for Success locations. With the help of her leadership, the affiliate network has more than doubled during her tenure. Global reach expanded from five countries to 30 as part of this effort. She joined Dress for Success in 2004.

White House Black Market is returning as the founding sponsor. The brand has been instrumental with its continued support to grow Dress for Success SW Florida. Sponsorship opportunities are still available.

Hyatt Regency Coconut Point Resort and Spa is located at 5001 Coconut Road in Bonita Springs. For more information, contact Nickole Hendra at 689-4992.✱

LARC Receives Matching Grant Through March 31

A local philanthropist and the Duffy's Foundation each stepped up and pledged a \$5,000 Matching Grant Challenge to benefit LARC, Inc. through Saturday, March 31. LARC (Lee Association for Remarkable Citizens) provides services for approximately 300 local men and women annually through vocational training, community residential

services, and a vast array of other state-of-the-art community inclusion services.

March is National Developmental Disabilities Awareness Month and LARC's 64th anniversary.

"LARC is a training center for success," said Kevin Lewis, LARC executive director. "When individuals receive the training and resources they need, capabilities naturally surface and lives change for the better."

Geri Emmitt with Duffy's restaurants started 'Duffy's Foundation' in honor of her late husband Paul. "We believe so much in the mission and goals of an independent, responsible life," Emmitt said. "My late husband's brother is autistic. Partnering with LARC is wonderful."

"The majority of individuals enrolled in LARC services rely on Medicaid Waiver (iBudget) for funding which covers approximately 54 percent of the actual cost of services," said Angela Katz, development director for LARC. "These benefits are being threatened everyday which makes opportunities like this matching grant more important than ever. We are 75 percent to goal, together, we can double LARC's impact and help individuals with disabilities achieve success!"

LARC's main campus is located at 2570 Hanson Street in Fort Myers. For more information, contact Katz at 334-6285 ext. 229 or visit www.larccounty.org.✱

Communication Strategist Promotion

Fort Myers-based marketing-communication firm Pushing the Envelope, Inc. (PTE) has promoted Vanessa Fernandez to communication strategist. In her new role, Fernandez serves as a primary liaison and strategy lead for a variety of clients.

Building on her more than three years with PTE, Fernandez will now directly oversee services for a range of clients, including but not limited to: public relations and publicity, social media marketing, email marketing, online reputation management, advertising, and a host of creative offerings such as graphic design and video production. She will also continue to serve as the coordinator for PTE's internship program.

Fernandez, a native of West Palm Beach, moved to Fort Myers in 2011 to attend Florida Gulf Coast University. In 2015, she earned a bachelor of arts degree in communication with a concentration in public relations



Vanessa Fernandez photo provided

and a minor in digital media design, as well as a second bachelor of arts degree in philosophy with a minor in critical theory. Fernandez is an active member of the Florida Public Relations Association Southwest Florida Chapter, currently serving as the chapter's website chair.✽

Assisted Living Nurse Manager Appointed

Cypress Cove at HealthPark Florida has appointed healthcare professional Jamie Scherer as assisted living nurse manager for its assisted living community (The Inn) and its assisted living memory care facility (The Cottage).

Scherer comes to the South Fort Myers Life Plan community after serving the past eight years in healthcare management positions. The registered nurse has worked in healthcare for the past 25 years. At Cypress Cove, Scherer is responsible for overseeing the daily hiring, managing, training and development of scheduling for all nursing and care personnel at The Inn and The Cottage.

"Scherer's enthusiasm, skills and desires will ensure the quality care provided to residents of The Inn and The Cottage continues," said Cypress Cove Health Service Director David Gray, "We welcome Jamie's guidance of maintaining the excellent standard of caregiving available at both communities."✽



Jamie Scherer photo provided

Prior to joining the Cypress Cove staff, Scherer worked at another Southwest Florida continuing care retirement community.

"I was so impressed the moment I came here. The facilities are so modern and up-to-date," she said. "They are beautiful and provide a family-oriented atmosphere."✽

Ward 1 Meeting

Fort Myers City Councilwoman Teresa Watkins Brown will hold a Ward 1 Community Meeting at the IMAG History and Science Center on Tuesday, March 27 at 6 p.m. All are welcome to attend.

The event agenda includes: Fire Department Community update; Community Policing update; Dementia

Care and Cure Initiative presented by Sunny Rosbrugh and Lynette Morrow; Code Enforcement issues overview; and a Public Works update. Councilwoman Watkins Brown will also discuss advisory boards.

IMAG History and Science Center is located at 2000 Cranford Avenue in Fort Myers. For more information, contact Councilwoman Watkins Brown (twatkinsbrown@cityftmyers.com) at 321-7001.✽

Local Couple Establishes Virtual Endowment Fund

Ardent community supporters Richard and Vicki Pitbladdo recently collaborated with the Southwest Florida Community Foundation to establish a virtual \$1 million endowment.

"This virtual endowment fund is reflective of the new philanthropy that we are seeing in our community," said Sarah Owen, Southwest Florida Community Foundation president and CEO. "Through their generous giving, Vicki and Richard get to participate in giving now to help local efforts in very specific ways through the foundation and, at the same time, establish the endowed fund for giving in perpetuity later."

The Pitbladdos will be able to remain hands-on with their granting and determine how the proceeds are allocated in the community to causes they care about from their fund. The fund is "virtual" because the Pitbladdos have pledged distributions equal to what a payout would be generated from \$1 million fund each year to their foundation donor-advised fund. The full \$1 million, plus net investment returns, will be paid over a period of time and then endowed for charitable distributions to last in perpetuity.

"We are passionate about supporting nonprofit enterprises with leaders who are themselves passionate, dedicated and responsible," said Vicki Pitbladdo. "We have also been inspired by the many ways the foundation offers help for us to



Vicki and Richard Pitbladdo photo provided
improve the effectiveness of our philanthropic activities."

By giving through a traditional donor advised fund, donors can choose which organizations they want to support and decide to include other family members in the giving decision, or not. A virtual endowment fund is like a donor-advised fund with a twist. The donors can give now to see their money work as if their fund was an endowed \$1 million fund while setting the groundwork with their pledge for funding their future fund.

According to the couple, engaging side-by-side with the foundation was a key element in their decision.

"Working with the foundation gives us more confidence that supported projects are vetted and measured for results," Richard Pitbladdo said.✽

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Market Watch Focus On Real Estate At Germain Arena



From left, George Voukitchevitch, Denise Prospero, Aldo Milanes and Antonio Fermin photos courtesy Reagan Rule

The News-Press Market Watch 2018: Focus On Real Estate drew more than 1,300 area professionals to Germain Arena recently. Southwest Florida's largest annual business and real estate event featured presentations by local real estate experts Denny Grimes, Stan Stouder and Randy Thibaut.

The real estate focus explored the local residential, land and commercial real estate industries, addressing a range of topics, including home values, building permits and population growth, while explaining how these aspects coalesce to impact the big picture for Southwest Florida and individual homeowners and real estate professionals.

Event sponsors for The News-Press Market Watch 2018 include *The News-Press* as title sponsor; platinum sponsors Henderson, Franklin, Starnes & Holt, PA, Royal Palm Coast Realtor Association and State Insurance; gold sponsors Barraco and Associates, Inc., Busey Bank, Gates Construction, Harmon's Audio Visual, Palm Printing and Priority Marketing; silver sponsors CRE Consultants, EHC Realty, Land Solutions, Inc., Lee Drywall, Inc., Sanibel Captiva Community Bank, The Law Office of Kevin F. Jursinski & Associates and Zonda; and bronze sponsors City of Fort Myers, CFS Roofing, DR Horton and LandQuest Commercial Real Estate.✱



From left, Rachel Stroemer, Molly Maggiano and Shannon Puopolo



From left, Brian Chapman, Jr., Josh Burdine and Nick Bejelis



From left, Jim Leach, Denny Grimes and Brian Chapman



From left, Phillip Ford, Wes Kayne and Carl Barraco, Jr.



From left, Robin Lankton, Mike Christopher and Dick Borel



From left, Stan Stouder, Teri Hansen, Steve Reeves and Erin Luthringer



Christi Pritchett and Cecil Pendergrass



From left, Eric Chien, Todd Gates, John Hayes and Robbie Roepstorff



Robert Mercer and Cindy McCurry-Ross



The 2017 class of scholar-athletes

photo provided

Olympic Legend To Speak At Rotary Banquet

Winter Olympic legend Bonnie Blair will be the keynote speaker at the Rotary Club of Fort Myers South's 32nd annual Scholar-Athlete Awards banquet at the Crowne Plaza on Wednesday, May 16 from 7 to 9 p.m. High school scholarship recipients and other award winners will be announced.

Blair, a six-time Olympic medalist speed skater, set a world record in the 500 meters as she won her first Olympic gold medal at the 1988 Winter Olympics. She went on to win gold in both the 500- and 1,000-meter speed skating events at the 1992 Olympics, and she repeated this feat at the 1994 Games.

Also in 1994, Blair became the first American woman to win five gold medals and the first American to win gold in the same event in three consecutive Olympics

(1988, 1992 and 1994). She is the most decorated woman in Winter Olympic history.

The scholarship program recognizes top athletes from area high schools based on athletic and academic achievement, along with strength of character. Eighteen Lee County-area high schools each nominated one top male and one top female varsity letter winner who maintain a minimum 3.2 GPA, are involved in school and community activities and demonstrate leadership characteristics. A selection committee of Rotary South members interviews nominees and selects the winners.

The 36 nominees are Joseph Mera and Alyssa Collins from Bishop Verot Catholic High School; Mitchell Hueniken and Kelly O'Connor from Canterbury School; Bryan Markovich and Nicole Jimenez from Cape Coral High School; Cole Mattheiss and Daydra Smith from Cypress Lake High School; Ralph Claude and Guerdine Michel from Dunbar High School; Ian Arriaza and Jeiliah Pabon

from East Lee County High School; Carson King and Alayna Goll from Estero High School; Daniel Ibarra and Amber Dudek from Evangelical Christian School; Voldrick Dorelien and Destanni Henderson from Fort Myers High School; Benoit Jean and Mckenzie Fultz from Gateway Charter High School; Jesse Blow and Paxton Guerin from Ida S. Baker High School; Josh Sutton and Riley Hare from Island Coast High School; Jovany Veliz and Cassidy Delva from Lehigh Senior High School; Christian Butz and Acelya

Aydogmus from Mariner High School; Joe Wilkins Jr. and Erin Post from North Fort Myers High School; Jacob Stanbro and Sara Perkins from Riverdale High School; Antonio Orama and Sophia Gonzalez from South Fort Myers High School; and Caleb Catto and Kortney Curtis from Southwest Florida Christian Academy.

Crowne Plaza is located within Bell Tower Shops at 13051 Bell Tower Drive in Fort Myers. For more information, contact Rob Scharlau at 810-2554 or rob.scharlau@busey.com.*

Sponsors Announced For Golf Tournament

Junior Achievement of Southwest Florida has announced sponsors for the organization's sixth annual Breaking Par at Grandezza Gala & Golf Tournament in April.

UPS is the CEO Academy Program sponsor. The CEO Academy, JA's flagship program, is a weeklong, business school summer camp for rising high school juniors and seniors that is held at Florida Gulf Coast University.

BMO Harris Bank is the Breaking Par Golf Tournament and Awards Ceremony sponsor. Florida Power & Light (FPL) is the Patron Sponsor. Jaguar Fort Myers is the Breaking Par Gala sponsor. Juniper Landscaping

is the FGCU Professional Golf Management Cart and Awards sponsor.

CEO Academy Benefactor sponsors include Entech, First Florida Integrity Bank, Kiwanis Foundation, Tijuana Flats Burrito Company and Wells Fargo.

The two-day Breaking Par at Grandezza event will run from Saturday, April 21 through Sunday, April 22. Previous events have raised more than \$247,000 to support the CEO Academy and additional Junior Achievement programs.

Tickets for the Saturday night gala dinner are \$65, while all-inclusive tickets are \$175, which grant patrons attendance at the Saturday evening gala dinner, live and silent auctions, Sunday golf tournament and awards luncheon.

The Club at Grandezza is located at 11481 Grande Oak Boulevard in Estero. To purchase tickets or learn more about sponsorship packages, visit www.jaswfl.org.*



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Tough TV Decisions With Opening Weekend Of Baseball Season And Basketball's NCAA Final Four



by Ed Frank

With your NCAA basketball brackets demolished as it is doubtful whether any of our readers picked 11th-seeded Loyola-Chicago to advance to the Final Four, will you be watching basketball this weekend or the opening of the 2018 baseball season?

No question that Loyola's march to San Antonio to become only the fourth 11th-seeded team to reach the Final Four has captured the basketball world. However, the three previous ones to do it – Louisiana State, George Mason and Virginia Commonwealth – all lost in their national semifinal games.

But none of the previous three had an adoring 98-year-old nun, Sister Jean Dolores Schmidt, as their goodwill ambassador and team chaplain. Sister Dolores has become so famous that a bobblehead of her became the best seller in the history of the National Bobblehead Hall of Fame and Museum within 48 hours of its release. They reportedly were selling for thousands of dollars on E-bay.

Early week odds had Michigan, a third seed and a five-point favorite over Loyola in Saturday's semi-final game. But then don't discount the power of Sister Dolores behind the underdog Loyola.

Now let's turn to the opening this weekend of the 2018 baseball season. Our two local Spring Training teams, the Boston Red Sox and the Minnesota Twins, begin the regular season today, Thursday, on the road. Boston is at Tampa Bay and Minnesota visits Baltimore.

The Red Sox faced Tampa Bay four times during Spring Training and will face the Rays in seven of their first nine games in the new regular season.

Boston has a four-game series starting today against Tampa Bay, then travel to nearby Miami for a two-game series Monday and Tuesday with the Marlins. They will again face Tampa Bay at Fenway Park next Thursday for the Red Sox home opener.

The Twins open play today, Thursday, at Baltimore in a three-game series followed by a two-game set in Pittsburgh on Monday and next Wednesday. Minnesota hosts the Seattle Mariners next Thursday in sold-out Target Field in their home opener.

As the new season dawns, hope springs eternal for all 30 Major League teams as

they begin on equal footing. Realistically, however, we know this really isn't true. There are a myriad of pre-season predictions and odds emanating from Las Vegas bookmakers and other baseball sources. We checked with just one, www.vegasinsider.com, and the following odds were listed early this week:

Odds to Win the 2018 World Series – Houston Astros and Los Angeles Dodgers, 11/2; New York Yankees, 6/1; Chicago Cubs, 7/1; Boston Red Sox, 10/1; Minnesota Twins, 20/1. The Miami Marlins, Kansas City Royals and Detroit Tigers trailed the pack at 500/1.

Odds to Win the American League Pennant – Houston, 13/5; New York, 3/1; Boston, 6/1; Minnesota, 12/1.

Odds to Win the American League Eastern Division – New York, 5/6; Boston 7/5.

Odds to Win American League Central Division – Cleveland Indians, 1/5; Minnesota, 7/2.

Obviously, the Dodgers are favored to win the National League West, the Cubs the National League Central and Washington the National League East.

We will check these predictions as the season progresses and ends. There are always surprises.*



A Miracle fan attempts to catch a foul ball photo provided

SPORTS QUIZ

1. In 2017, Los Angeles Dodgers pitcher Clayton Kershaw made his seventh consecutive Opening Day start, tying a franchise record. Who else did it?

2. Who has led the American League in runs scored the most times?

3. Clemson's Deshaun Watson set an ACC record in 2016 by throwing for 580 yards in a game. Who had held the record?

4. How many consecutive double-double seasons of points and rebounds did San Antonio Spurs great Tim Duncan have to start his NBA career?

5. Who was the last Edmonton Oilers player before Connor McDavid in 2017 to win the Hart Memorial Trophy as the NHL regular-season MVP?

6. How many consecutive years did Dale Earnhardt Jr. win NASCAR's Most Popular Driver Award?

7. Name the last time before 2017 that four American women made up the semifinals of tennis' U.S. Open?

ANSWERS

1. Don Sutton (1972-78). 2. Babe Ruth, eight times (1919, '20, '21, '23, '24, '26, '27 and '28). 3. Stephen Morris of Miami, Fla., threw for 566 yards in a game in 2012. 4. Thirteen seasons (the 1997-98 season through the 2009-10 season). 5. Mark Messier, in 1990. 6. Fifteen years. 7. It was 1981 (Tracy Austin, Chris Evert, Martina Navratilova and Barbara Potter).

Free Miracle Baseball Tickets At Wendy's

The Fort Myers Miracle are looking to pack Hammond Stadium to begin the 2018 baseball season on Friday, April 6, and the ballclub again is partnering with Wendy's restaurants for a special free ticket promotion.

It will be a night to remember for all fans with a special appearance from the ZOOPERSTARS characters. The Miracle will also light up the sky with a post-game fireworks show, courtesy of Florida Community Bank.

Baseball fans can stop by their neighborhood Wendy's in Lee and Collier counties to retrieve coupons for free tickets to the official home opener on April 6 at 7 p.m.

The Wendy's free ticket vouchers can be redeemed at the Miracle box office for general admission seating in sections 124 to 127 and 201 to 217. For an extra \$2 per person, Miracle fans can upgrade their tickets to reserved box seats in the first level.

The Fort Myers Miracle, a Class-A Advanced Affiliate of the Minnesota Twins, begin the 2018 season on Thursday, April 5 against the Charlotte Stone Crabs. The 140-game regular season schedule runs through Sunday, Sept. 2.

For more information, call the Fort Myers Miracle at 768-4210 or visit www.miraclebaseball.com.

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The Fort Myers Miracle recently presented a check to Cape Coral National Little League. Pictured with Rookie Braves Coach Billy Adams are, from left, players Aiden Long, Will Adams and Noah Long photo provided

Miracle To Offer Sponsorships To Youth Baseball

The Fort Myers Miracle are donating \$15,000 to sponsor 21 youth baseball and softball organizations across Southwest Florida.

The sponsorships will help area leagues pay for much-needed equipment, supplies and operational costs. In Southwest Florida, the spring season for Little League and Cal Ripken seasons began in January and runs through May, with all-star teams forming at season's end. Some leagues also offer fall ball.

"Youth baseball and softball leagues strive to keep registration costs as low as possible, and many organizations are run entirely by volunteers, from the local governing boards down to coaches, umpires and concession stands," said Chris Peters, president and general manager of the Fort Myers Miracle. "That's why it is so important for businesses to take a leadership role in supporting youth sports. Every child deserves a chance to play ball."

In addition to Little League and Cal Ripken sponsorships and frequent community appearances by players and staff, the Miracle also offer a variety of youth-oriented programs at the ballpark. The Achieva Credit Union

Baseball Buddies program recognizes youth teams by allowing children to stand side-by-side with Miracle players during the National Anthem. On Family Sundays, children can play catch on the field before the game and run the bases after the game. At select home games, children can receive free tickets by showing their report cards or coming dressed in their team uniform.

"The Miracle have long been a supporter of youth sports in Southwest Florida, and we gladly welcome their teams and players at the ballpark," said Jason Hochberg, founder and CEO of SJS Beacon, which owns the Miracle. "We hope to continue our partnership with area youth organizations for many years to come."

Little League International is a nonprofit organization based in South Williamsport, Pennsylvania, and organizes baseball and softball leagues throughout the world. Programs are available for boys and girls ages 4 to 16. Cal Ripken Baseball is a division of the Babe Ruth League and headquartered in Hamilton, New Jersey. Its leagues are designed for players ages 4 to 12.

The Fort Myers Miracle, the Class-A Advanced Affiliate of the Minnesota Twins, begin the 2018 season on Thursday, April 5 against the Charlotte Stone Crabs. The 140-game regular season schedule runs through Sunday, Sept. 2.

For more information, visit www.miraclebaseball.com or call 768-4210.✱

Golf Classic Raises \$43,000 For Hope Hospice

Members of the Kelly Greens Golf & Country Club hosted the 17th annual Golf Classic to benefit Hope Hospice. More than 80 golfers and 150 event supporters participated in a golf tournament, scavenger hunt and banquet during the event, which raised \$43,000 from a 50-50 raffle and silent and live auctions.

Since the inception of the Kelly

Greens tournament, members of the country club have raised nearly \$500,000 for Hope Hospice.

John and Judy Dolan served as golf and tennis classic event committee chairs. Sponsors included Bank of America/Merrill Lynch; Club Care/Pine Straw Inc.; Cintron Landscape Services; Tim Smith Brick Pavers; Build, Inc.; and Charles and Jane Johnson.

Hope Healthcare is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit www.HopeHCS.org.✱

Naples To Fort Myers Regatta Covers 22 Miles



Skipper Jason Richards and crew aboard T-Bone photos provided

Members of the Caloosahatchee Marching and Chowder Society and Gulf Coast Sailing Club recently participated in a Naples to Fort Myers sailboat race. An approaching weather front made for a windy morning on March 10 that gave way to light, but persistent rain in the afternoon and evening hours for the sailors. The race began at 10 a.m. local time with boats tasked to cover a distance of 22-nautical



Skipper Dan Spence and crew aboard Vagabond

miles. All of the skippers and crews enjoyed a great first half of the race with mixed clouds and sun and a strong breeze, tailor-made for a nice long spinnaker reach. The second half of the race became slower for most boats racing, followed by a damp finish as the rain set in. In all, there were 12 boats registered in the race with 10 boats

continued on page 27

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Dr. Jeff Stewart photo provided

FSW Critical Thinking Lecture Series April 4

The Florida SouthWestern State College (FSW) Critical Thinking Lecture Series presents Like a Boss: Utilizing Critical Thinking to Inspire Others with FSW Provost Dr. Jeff Stewart at the FSW Thomas Edison Campus, Building U, Room 102 on Wednesday, April 4 at 11 a.m.

Additionally, the presentation can be viewed digitally at the FSW Charlotte Campus, Building O-117; the FSW Collier Campus, Building M-201; and the FSW Hendry/Glades Curtis Center, Building A-106

Dr. Stewart is the provost and vice president of academic affairs at FSW. He is responsible for oversight and coordination of all academic programs at the college and for institutional research, regional accreditation, all aspects of information technology, institutional assessment and effectiveness, data integrity, analysis and interpretation.

Dr. Stewart received his bachelor's degree from Western Carolina University and his master's degree and doctorate in educational leadership, policy, and technology from the University of Alabama. He joined FSW in 2012 and led the SACSCOC accreditation process before being named provost on October 1, 2016.

The FSW Critical Thinking Lecture Series features community leaders who discuss how they use critical thinking skills in their profession or focus on critical topics from their area of career or academic interest. The series is free and open to the public.

FSW Thomas Edison Campus is located at 8099 College Parkway in Fort Myers. For more information on the FSW Critical Thinking Lecture Series, contact Whitney Rhyne, director of strategic initiatives, at 433-6943 or Whitney.Rhyne@fsw.edu.✱

Financial Focus

What Investors Know About Recent Volatility?



by Jennifer Basey

As you may have heard, the stock market has been on a wild ride lately. What's behind this volatility? And, as an investor, how concerned should you be?

Let's look at the first question first. What caused the steep drop in stock prices we experienced on a few separate days?

Essentially, two main factors seem to be responsible. First, some good economic news may actually have played a significant role. A 17-year low in unemployment and solid job growth have begun to push wages upward. These developments have led to fears of rising inflation, which, in turn, led to speculation that the Federal Reserve will tighten the money supply at a faster-than-expected rate. Stocks reacted negatively to these expectations of higher interest rates.

The second cause of the market volatility appears to be simply a reaction to the long bull market. While rising stock prices lead many people to continue buying more and more shares, some people actually need to sell their stocks – and this pent-up selling demand, combined with short-term profit-taking, helped contribute to the large sell-offs of recent days.

Now, as for the question of how concerned you should be about this volatility, consider these points:

Sell-offs are nothing unusual. We've often experienced big sell-offs, but they've generally been followed with strong recoveries. Of course, past performance is not a guarantee of future results, but history has shown that patient, persistent investors have often been rewarded. Fundamentals are strong. While

short-term market movements can be caused by a variety of factors, economic conditions and corporate earnings typically drive performance in the long term. Right now, the U.S. economy is near full employment, consumer and business sentiment has risen strongly, manufacturing and service activity is at multi-year highs, and GDP growth in 2018 appears to be on track for the best performance since 2015. Furthermore, corporate earnings are expected to rise this year.

So, given this background, what's your next move? Here are some suggestions:

Review your situation. You may want to work with a financial professional to evaluate your portfolio to determine if it is helping you make the progress you need to eventually achieve your long-term goals.

Reassess your risk tolerance. If you were unusually upset over the loss in value of your investments during the market pullback, you may need to review your risk tolerance to determine if it's still appropriate for your investment mix. If you feel you are taking on too much risk, you may need to rebalance your portfolio. Keep in mind, though, that by "playing it safe" and investing heavily in vehicles that offer greater protection of principal, but little in the way of return, you run the risk of not attaining the growth you need to reach your objectives.

Look for opportunities. A market pullback such as the one we've experienced, which occurs during a period of economic expansion and rising corporate profits, can give long-term investors a chance to add new shares at attractive prices in an environment that may be conducive to a market rally.

A sharp market pullback, such as we've seen recently, will always be big news. But if you look beyond the headlines, you can sometimes see a different picture – and one that may be brighter than you had realized.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

26th Annual SCCF Tennis & Pickleball Tournament



Sundial Beach Resort & Spa
April 7th – 8th

Women's and men's doubles competition - All levels of play

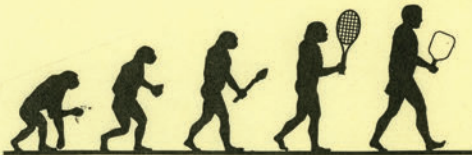
Tennis competition on April 7th and 8th - Pickleball competition on April 8th

Sign up Pickleball 395-6037 - Pay for Pickleball on Sundial or SCCF Website

Sign up and pay for Tennis on USTA website. Need not be a USTA member

Entry fee- Tennis \$75 Pickleball \$60

Raise a racquet for Conservation !!! Support SCCF !



Superior Interiors

Terrific Window Treatment Tips



by Marcia Feeney

Before selecting a window treatment, you must decide how striking you want the treatment to be. Do you want the treatment to serve as a quiet background in your room or would you

prefer to have your window take center stage and become the room's focal point?

How about using your window treatment as a soft background rather

than a focal stand out. If this look is for you, then use colors that blend easily into the surrounding walls.

To cleverly disguise an unattractive view without shutting out sun light, incorporate a beautiful printed or textured sheer fabric at your window.

Accent your windows, with tiebacks, borders, fringe or beads. It's not only a clever way to get that unique custom look but it will add a splash of the unexpected to your window treatment design.

Decorative rods, brackets and finials have expanded dramatically and beautifully in today's marketplace. From wood, to metal, to acrylics, to unusual material, today's rod choices are varied and unlimited. They're guaranteed to set off your window in a truly dramatic fashion.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecden.com.✱

Book Review

Murder Games



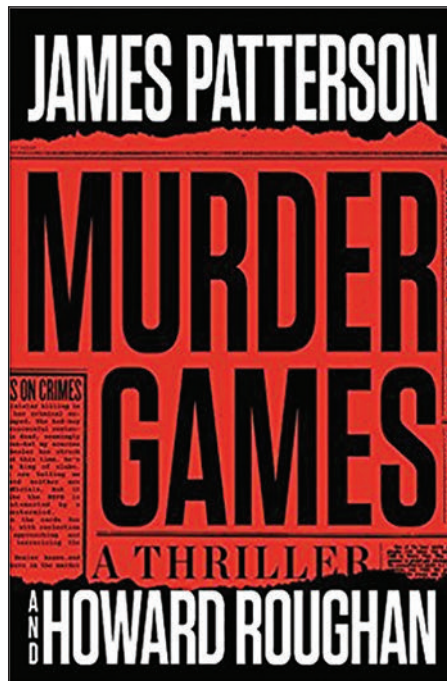
by Di Saggau

In *Murder Games* by James Patterson and Howard Roughan, a serial killer is loose in Manhattan. The victims appear to be random except for the fact that at each crime scene the killer, known

as The Dealer, leaves a playing card at the scene. A tenacious cop in charge of the case, Elizabeth Needham, turns to Dylan Reinhart, a brilliant professor whose book has turned up in connection with the murders. Dylan wrote the book on criminal behavior and apparently this criminal is taking note. His book could implicate him in the murders.

As tabloid headlines about the killer scream from newsstands, New York City descends into panic. The whole city is under siege as Dylan and Elizabeth race from scene to scene trying to end the murder spree. With the cops at a loss, it's up to Dylan to hunt down a serial killer unlike any the city has ever seen. Only someone with Dylan's expertise can hope to get inside the mind of The Dealer. While all of this is going on, Dylan and his husband Tracy are trying to adopt a child from South Africa. This makes for an interesting side story.

As the book progresses, we discover



all of the victims do have something in common. *Murder Games* is a fast read that is easy to digest in one sitting because of the short chapters and twists and turns that take place. It's hard to put down. In spite of the gruesome murders, there is a wonderful sense of humor throughout the book. I found myself laughing out loud several times. The book is full of factoids and clever banter about movie stars and other famous people. Dylan and other characters in the book are quite memorable.✱

outdoor activities? Are my child's toileting, napping and other behaviors expected and/or accepted at this preschool? If your child can visit the school, what is her opinion? Does she like it?

And you must also consider how the preschool fits your family's needs and lifestyle. Is the preschool in a convenient location with open hours that correspond to the family's work schedule? Are there parent-teacher conferences and regular notifications to learn about your child's progress or lack of progress? How will the school and teachers communicate with you on a regular basis? Is it affordable, are there scholarships? Does your workplace have any programs that help defray the cost of preschool?

This probably seems like too many questions and too much work for

each preschool you visit, however I can assure you that when you are highly knowledgeable about what each preschool can offer your child, your decision will be much easier to make and you won't be nagged by doubt. Remember that a great preschool experience for your child will help to create a love of learning and school for her now and in the future.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

From page 25

Regatta

finishing. The race was followed by an after-party at Salty Sam's Marina.

T-Bone, skippered by Jason Richards, completed the race with an elapsed time of 4 hours and 3 minutes with an average speed of 5.4 knots to become the overall winning boat and top boat in the Spinnaker Class, Second place overall and second place in the Spinnaker Class was awarded to skipper Dan Spence aboard *Vagabond* with an elapsed time of 4 hours and 16 minutes. *Ad Bellum*, skippered by Roger Horton, took third place overall

in the race, plus first place honors in the True Cruising Class. The Non-Spinnaker Class was won by skipper Diane Fowler and her *Windy City* crew.

For full class results, visit www.cmcs-sail.org/mar-10-naples-to-fort-myers-coastal-race/

Although each sailing club maintains their own schedule of regattas and cruises for their respective members throughout the year, these clubs do get together for events throughout the year and encourage interested sailors to gain more information on each club's respective website. Visit www.cmcs-sail.org and www.gulfcoastsailingclub.org to learn more.✱

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, I'm looking for a preschool for my daughter. She'll be three in June. I would like some guidance as to what to look for in a preschool since

this is my first time checking one out. Thanks.

Heather W, Fort Myers

Heather,

It's very important to check out a preschool ahead of time to see how it fits with your child, lifestyle and budget. Some people think all preschools are the same but that is not the case. It's a good idea to visit several before you decide which one to send your child to. Here are some questions to ask that will help you make a good choice for your daughter's preschool. It may be helpful to have a chart for each school you visit so you can keep the information organized and accurate.

First, you will need the basic information for each school, name, address, phone, name of director, hours of operation and cost.

Next find out the school's philosophy. What are their teaching principles? Do they follow a certain

"school" of thought such as Waldorf, Montessori, Reggio Emilia, Religious, Cooperative or another dominating principle?

What is the school's environment like? Is the school licensed and/or accredited? What is the adult-child ratio and total number of children per classroom? Do the children look happy and engaged? Does the facility look clean and safe both indoors and outdoors?

Find out what the school provides in terms of early educational experiences. Do they prepare children for early literacy, language and math? Do they work with expressive and receptive language strengths and concerns? How do they promote self-help skills, self-control skills and socialization? How do they work with fine and gross motor skills?

You should inquire about the school staff. Do all or most teachers have early childhood training/certification? Is the staff trained to recognize and work with "at-risk" kids? How do they deal with discipline and behavioral concerns and is there written policy on these issues? Is there a trained staff member or school nurse who can provide first aid, administer medication and deal with medical emergencies?

Is this the right place for your child? Do the teachers engage and talk with the children? How is behavior modeled? Are children given positive reinforcement and choices? Are all children included in both indoor and

Available at
www.AMAZON.COM
EDITORIALRxPRESS.COM

Female Pioneers of Fort Myers
Women Who Made a Difference in the City's Development
By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."
Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



From left, Lauren Cooney, John Cooney, Carrie Cooney, Brett Cooney, Tyler Cooney and Alana Crater
photos provided

Star Gala Raises Over \$450,000 For People With Disabilities

More than 350 people attended the Star Gala on March 10 for a wonderful night of dancing and fundraising all to benefit the Foundation for the Developmentally Disabled. Star Gala 2018 raised \$311,265 through live and silent auctions and fund-a-need for the programs run by the foundation, with the remainder of the proceeds coming from sponsorships, ticket sales and donations.

As the evening was wrapping up, Foundation for the Developmentally Disabled Executive Director Karen Govern surprised the audience with a sneak peek of some exciting changes coming to the organization.✧



Nancy and Jim Heinz



Lisa Kahn Allen and Philip Allen



From left, Caroline Randall, Tori Georgelos, Laura and Lou Georgelo



Stacey Deffenbaugh and Pzazz Dancers



From left, Ken Gilman, Carrie Jo Terry and Carrie Cooney



From left, Rosemary and Shawn Brakmanis with Bob and Linda Vayda



From left, Oliver Huth, Lynn Hurley, Randy Kurtz, Kate Kenny, Julie Seama'an, Jack Reinelt



Morgan Rodgers and Shawn Denton



Jackie and Chris Sereno



From left, Bryn Burke, Mark Ziajka and Jody Ziajka

Lee County Adds 40 School Resource Officers

When Lee County's public school students returned to class from spring break on March 26, 40 additional school resource officers were on patrol. Superintendent Dr. Greg Adkins says, "I am humbled, I am honored and I am deeply appreciative of the efforts of this team, because through their efforts our children are going to be safer in Lee County."

Lee County Undersheriff Carmine Marceno made the announcement in a joint news conference on March 21. The Sheriff's Office Youth Services Division will grow to 100 members by immediately reassigning supervisors, lieutenants, sergeants and patrol deputies. "Our goal is to have a deputy assigned to each and every school as quickly as possible," Marceno said.

The Sheriff's Office is also increasing its presence at Lee County Schools by directing:

Patrol deputies to utilize school facilities to complete reports;
Detectives to use school facilities as a base of operations whenever possible;
Patrol deputies to increase their already frequent area checks of schools during every shift.

"I want that omnipresence," Marceno said. "I want people to see our deputies everywhere possible, as much as possible and as often as possible."

The School District of Lee County, and its longtime partners, the Lee County Sheriff's Office, are choosing the use of additional school resource officers to meet the requirements of SB7026 called The Marjory Stoneman Douglas High School Public Safety Act.

"They're a proven entity for us," Adkins said. "Student safety is our number one concern and I, as a superintendent, certainly want to go somewhere I know I can depend on, and that would be the sheriff's office."✱

FSW Theatre Spring Production

Florida SouthWestern State College's (FSW) Theatre Program presents its spring production *She Kills Monsters* in the FSW Black Box Theater, Building L, Room 119 from March 29 to 31 and April 5 to 7. Performances begin at 8 p.m. with additional matinees at 2 p.m. on Saturdays.

When oh-so-average Agnes finds a *Dungeons and Dragons* notebook that her deceased, super geeky little sister left behind, her whole world starts to change. Qui Nguyen's hysterical romp through 90's pop culture is a perfect mix of heart, hilarity and hope for the geek in all of us. This play has love, broadswords and, of course, a dragon waiting in the shadows. But nothing is

what is seems in New Landia, and Agnes is about to have her world rocked by a slacker overlord, an elfin supermodel and a demon princess. It's not long before the quest her little sister designed begins to spill over into Agnes' real life, and things get really interesting. Will Agnes throw off her averageness and finally embrace her inner sword-wielding heroine, or will the bugbears get her first?

"Women are the heroes in the story," said Stuart Brown, theater professor. "The idea of a play that focuses on the female perspective where the women are all-powerful intrigued me, especially in the current moment. And while it does cover some serious topics, it is a very funny play."

Tickets are \$5 for students and \$10 for the public. Tickets are available at <http://shekills.brownpapertickets.com>. FSW is located at 8099 College Parkway in Fort Myers.✱

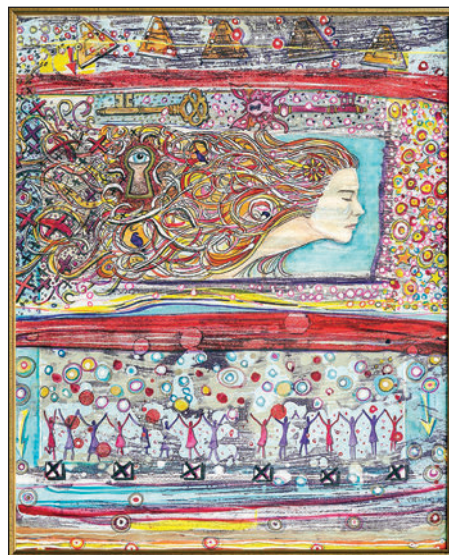
From page 1

ArtPoems Exhibit

Claude Lyles, Lawrence Massing, Leslie Morrow, Barbara G. Mulford, Roy Rodriguez, Beverly Taht, Kenneth A. Vinton and Buck Ward. Collaborating poets are Joyce Berrian Ferrari, Jamilla D. Brooks, Dan England, Christine Goodwin, Sandy Greco, Mary Beth Lundgren, Holly McEntyre, Gary McLouth, Marilyn Mecca, Joe Pacheco, Sid Simon and Lorraine Walker Williams.

Spry's paintings are in national and local juried art exhibitions. In addition, her work can be found in private collections across the country. She graduated from Phoenix Institute of Technology with a degree in production art and went on to study under Nina Conner. Spry's desire to pass on her passion and love for the arts led her to a career teaching at the Alliance for the Arts. In 2012, she won honorable mention in *Artists Magazine's* annual art competition. Spry paints in oils on canvas and loves to create paintings that tell stories.

Both of these exhibits continue through



So It Was Until It Wasn't by Kenneth A. Vinton image provided

Monday, April 30.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, call 337-5050.✱

Local Navy Musician Involved In Civil-Military Operations



Cape Coral native and U.S. Navy musician Winnie Dawkins entertains students at the School of San Martin in Honduras

photo by U.S. Navy Mass Communication Specialist 2nd Class Kayla Cosby

Musician 1st Class Winnie Dawkins, a Cape Coral native assigned to U.S. Navy Fleet Forces Band, performs at the School of San Martin in Puerto Cortes, Honduras during Continuing Promise 2018.

U.S. Naval Forces Southern Command/U.S. 4th Fleet has deployed a force to execute Continuing Promise to conduct civil-military operations including

humanitarian assistance, training engagements as well as medical, dental and veterinary support in an effort to show U.S. support and commitment to Central and South America.

For more information or to join the conversation with social media, visit www.facebook.com/navyoutreach, tweet @navyoutreach or see photos on @US Navy Outreach.✱

Help Break our **RECORD** for the Partners Human Pink Ribbon



- 9-10 VIP breakfast by Naples Flatbread & Wine Bar
- 10:45 Group Photograph
- Everyone receives a Miromar Outlets Savings Booklet
- Flashy Car Club
- UaStar Photo Booth

RAIN OR SHINE www.pfbcc.org or call 239-454-8583.

Participants will be forming the human ribbon holding uniform pink umbrellas. Each \$20 donation will receive one umbrella, yours to keep. Registration is \$10 if you bring your umbrella from last year's event. For more information, visit

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Lee Health Chief Operating Officer Appointed

Scott Nygaard, MD, MBA, has been promoted to chief operating officer for Lee Health. In his new role, he will be responsible for all clinical operations throughout the health system, including all hospitals, ambulatory, post-acute and ancillary services.

Dr. Nygaard joined Lee Health in 2010 as the chief medical officer for Lee Physician Group. While in that role, he aligned the management structure across all employed physicians and developed a cohesive Lee Physician Group brand. He also helped initiate the Florida State University College of Medicine Family Medicine Residency Program at Lee Health to address the shortage of primary care physicians in the community. Dr. Nygaard also successfully redesigned the hospitalist medicine program to achieve an integrated approach across the health system's hospital campuses.

In 2016, Dr. Nygaard was promoted to chief medical officer for the health system and most recently served as chief medical and clinical integration officer. Dr. Nygaard will retain the duties of the chief medical and clinical integration officer and further assess the need to replace this role. Lee Health has been continually investing in physician leadership across the health system, and Dr. Nygaard believes the system now has excellent talent at the operating level to achieve operating excellence.

"Scott has consistently demonstrated exceptional leadership in building collaborative relationships and is skilled



Dr. Scott Nygaard photo provided

at leading clinical and operational transformation to enhance care delivery and the patient experience," said Larry Antonucci, MD, MBA, Lee Health president and CEO.

Before joining Lee Health, Dr. Nygaard served as senior vice president of corporate services at Via Christi Health System in Wichita, Kansas, and at Affinity Health System in Appleton, Wisconsin, where he served as the chief medical officer responsible for Affinity's multispecialty group practice.

Dr. Nygaard earned his medical degree at the University of Minnesota Medical School. He completed an internal medicine residency and a pulmonary and critical care residency at the University of Iowa Hospitals and Clinics in Iowa City, Iowa. Dr. Nygaard also earned a master of business administration from the University of St. Thomas in Minneapolis.*

Chronic Disease Program

It's All About You – a research based Chronic Disease Self-Management program developed by Dr. Kate Lorig of Stanford University – will be held in two different locations beginning in early April.

The workshops will be offered on: Saturdays beginning April 7 from 9 to 11:30 a.m. at the Wellness Center of Cape Coral, 609 SE 13th Court, in Cape Coral.

Tuesdays beginning April 17 from 9 to 11:30 a.m. at the Life Care Center of Estero, 1850 Williams Road, in Estero.

The program is designed for people age 18 or older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany chronic health conditions.

The workshops, 2.5 hours long, are free. They are offered by Lee Health's Lee Health Solutions, in partnership with many local community agencies and supported in part initially by a grant

from the Southwest Florida Community Foundation.

For more information or to register, call 343-9264.*

Parkinson Awareness Walk 4 Hope

To kick off National Parkinson Awareness Month, Hope Healthcare Parkinson Program is hosting Walk 4 Hope at Lakes Regional Park on Saturday, April 7 at 10 a.m.

The one- to three-mile walk will help raise awareness and support the local Parkinson Community.

A registration fee of \$25 per person includes event T-shirt and light refreshments. Corporate sponsorships are available.

Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. For more information and to register, visit www.hopeparkinson.org/walk or call Michelle Martin at 985-7727. *

Beautifulife: Disr-UP-tion



by Kay Casperson

The word disruption means: a disturbance or problem that interrupts an event, activity or process. Today I would like to discuss the upside of disruption. You

may say, how can there be an up side to any kind of disruption? Your world is falling apart, your job, marriage or partnership has come to an end or your health is at a crisis point, and all of a sudden you are faced with making some significant decisions and changes in life. I would say that this is the true definition of disruption. So, what is the upside of this, you might ask? Well, in my humble opinion and experience in life, where there is disruption, there is growth, new possibilities and positive change right around the corner. Now, I understand that this might not be recognized right away, but if you really try to look for a positive outcome and the light at the end of the tunnel, you will see the upside of all that has been disrupted in your life.

Here are just a few examples of what might try to cause disruption in your life:

- Marriage is at a crisis point;
- Someone close to you passes;

Business partnership is dissolving;
Group or organization is not in unity;
Team or league is not working together;

Family is in turmoil over a trust or legacy;
Health issues are surfacing and need attention.

No matter what the disruption is, I do believe there is always a solution that will help you get through it and even come out better than you ever thought you could. This is the UP side of it all, and if you know that no matter what happens in life, there is an upside to it, you will not be overwhelmed with stress, worry, fear or anxiety. Remember to stay focused on the best outcome for every situation and remain as positive as you possibly can until you get through this small but mighty moment. Continue to speak positive and encouraging words to yourself and to others. Pray for wisdom and strength, and you just might find yourself landing in a better place than you had ever imagined.

My affirmation for you this week is: "I am always looking for the UP-side of every situation and know that any disruption in life is ultimately a path to something better and more beautiful."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.*

Seminars Aim To Improve Business Ethics

The Above Board Chamber of Florida is conducting a pair of Ethics in Business seminars designed to help owners, managers and decision makers at every level operate with greater confidence and peace of mind. One will be held at the Hilton Naples on Monday, April 9, while the second will take place at the Pelican Preserve Town Center on Thursday, April 12. Both will be held from 11:30 a.m. to 1 p.m.

On April 9, Dawn-Marie Driscoll, emeritus executive fellow at the Hoffman Center for Business Ethics at Bentley University in Waltham, Massachusetts, will serve as master of ceremonies for the business ethics discussion. She'll direct a panel with Michael A. Wynn, president and chairman of the board for Sunshine Ace Hardware; Garrett S. Richter, president, chief financial officer and director of Florida First Integrity Bank; and Karen Conley, founder and CEO of Charity for Change.

On April 12, emcee Connie Ramos-Williams, president and chief

marketing officer of CONRIC PR & Marketing, will lead a panel made up of WINK News anchor Lois Thome; Cindy McCurry Ross, executive editor and vice president of content for *The News-Press*; and Timothy Dupre, president and chief operating officer of Conditioned Air.

For the Naples lunch, register at www.aboveboardchamber.com or call 910-7426. The cost on or before Tuesday, April 3 is \$25 for members and \$30 for non-members. After April 3, it's \$30 for members and \$35 for non-members.

For the Fort Myers lunch, register at www.aboveboardchamber.com or call 910-7426. The cost on or before Thursday, April 5 is \$25 for members and \$30 for non-members. After April 5, it's \$30 for members and \$35 for non-members.

Non-members are encouraged to attend two meetings and consider joining. To become a member, call Jeanne Sweeney at 910-7426.

Hilton Naples is located at 5111 Tamiami Trail North in Naples. The Pelican Preserve Town Center is located at 10561 Veneto Drive in Fort Myers.

For more information on the event or on how to become a member of the Above Board Chamber, call Jeanne Sweeney at 910-7426.*



Diana Sitar

photos provided

Lee Health's Eight New Resident Physicians

Eight, new, first-year, family medicine residents of The Florida State University College of Medicine Family Medical Residency Program will complete their training at Lee Health. The graduating medical students were announced at the annual Match Day celebration on Friday, March 16. The new residents include:

Kathleen "Katie" Dixon from Lake Mary, Florida

Jerry Lanza from Belize



Jerry Lanza

Tatianna Pizzutto from Clearwater, Florida

John Schmidt from Hattiesburg, Mississippi

Miri Shlomi from Orange, Ohio

Diana Sitar from Las Vegas, Nevada

Tyler Spradling from Fort Myers

Beach

Renee Wong from Toronto, Canada

"For this class, we received more than 1,800 applications from U.S. medical students and physicians from all around the world," said Gary Goforth, MD, founding program director of the Family Medicine Residency Program at Lee Health. "We are very proud of the number of applications we received and that we've matched with eight



John Schmidt

outstanding candidates this year. Our program continues to grow and expand with residents who are passionate, compassionate and academically strong. This year's residents scored in the top 20 percent in the nation on the United States Medical Licensing Examination, and they are dedicated to caring for the underserved."

Based at Lee Memorial Hospital with The Florida State University College of Medicine as its institutional sponsor, the residency program was created to abate the shortage of primary care physicians anticipated nationally, an issue that is compounded locally by rapid population growth in Southwest Florida. Medical school graduates are



Kathleen Dixon

required to complete residency training in their chosen specialty to become independently practicing physicians.

Statistically, about 60 percent of residents will practice medicine in the same area in which they are trained. Since 2012, when the program started, 13 of the 18 graduates (or 68 percent) of The Florida State University College of Medicine Family Medicine Residency Program at Lee Health have stayed in Southwest Florida following graduation from the program. Two graduates of the residency program were accepted into fellowship programs with one planning to return to the area to practice medicine following his fellowship.✱



Miri Shlomi



Renee Wong



Tatianna Pizzutto



Tyler Spradling

Free Parenting Workshops Begin April 8

Golisano Children's Hospital of Southwest Florida is offering free specialized group parenting classes at the Healthy Life Center at the Wellness Center – Cape Coral during eight Sundays starting April 8 from 2:30 to 4:30 p.m. There also will

be workshops held for eight Tuesdays at the Healthy Life Center – Coconut Point beginning April 10 from 6 to 8 p.m.

The eight-week classes will help teach parents how to focus on their strengths, use effective discipline strategies and set appropriate expectations for their children. The workshops focus on parenting the exceptional child. Exceptional children have special needs, including developmental disabilities, special health care needs or emotional disturbances.

The Partners in Parenting workshops feature lessons focused on positive discipline from the Nurturing Parenting Program, authored by Stephen J. Bavolek, PhD.

The workshops help parents:

Manage their child's behavior without spanking or shouting;

Learn effective communication skills;

Establish nurturing routines for meal times, bath times, bedtimes, chores and homework;

Understand the exceptional child's effect on typical siblings;

Gain a sense of personal power and feel good about themselves;

Enjoy their families and have fun together.

Free child care is available during the workshops.

Healthy Life Center at the Wellness Center -- Cape Coral is located at 609 SE 13th Court in Cape Coral. Healthy Life Center – Coconut Point is located at 23190 Fashion Drive, suite 105 in Estero. For more information or to register, call 343-6468 or email Richard.Keelan@LeeHealth.org.✱

dearRPharmacist

Herbal Teas For Your Troubles



by Suzy Cohen, RPh

Dear Readers: We're doing something wrong because, as a nation, we spend twice what other comparable countries spend on health care, but we have the lowest life expectancy. Worse, we have the

highest infant mortality rates. Our medical system is expensive, slow, inefficient and at times miserably incompetent.

It's not me saying this, I'm just passing along news from a JAMA study that was just released. Today I'd like to get back to nature. I'm going to share the best teas for various health concerns. Teas are gentle but they contain powerful natural compounds that man has relied on for eons. If you have a medical condition, please make sure your practitioner or local herbalist or acupuncturist weighs in for you. The teas I mention below are sold as commercially prepared teabags or you can learn to make them yourself.

If you want help with cancer and immunity: Many good animal studies prove that EGCG in green tea can slow down the growth of many cancers, including pancreatic cancer. Angiogenesis slows. If you have chronic infections or cancer, talk to your oncologist about taking this because timing is important if you're on chemo.

If you want help remembering: Gotu kola is for your brain baby. It boosts emory and helps with age-related cognitive decline. I have my own refreshing recipe

for Mint Hibiscus Memory Tea. If you'd like to watch my video, I'll make this exact tea for you. Watch at www.suzycohen.com/hibiscus-tea

If you want to sleep: Lavender tea is the best option. It works like prescribed tranquilizers, meaning it activates your natural sleep hormone called GABA. Rose petals can do the same thing. I crawled out of bed one night in my jammies to make Lavender Rose Sleep Tea. Watch my video: www.suzycohen.com/lavender-rose-tea

If you have diabetes or want to lower blood pressure: Rooibos tea is excellent at cleaning capillaries, and there are many of these tiny capillaries that lead to your retina. I think it's great for both blood pressure and vision. Rooibos has no caffeine. It contains chrysoeriol which helps reduce blood pressure. You might also consider goldenseal or dandelion, two of Mother Nature's best diuretics.

If you want to relieve nausea: Ginger tea is easy to make, and it does not have caffeine. It contains numerous biologically active compounds including gingerols that act like medicine in the body. You can grate fresh ginger into some water and simmer it for a few minutes. It's also a potent anti-inflammatory for joint health.

Allergies and Sinus Problems: The herb called stinging nettles is a very common natural way to deal with allergies. It's a natural antihistamine and anti-inflammatory herb. It helps with hay fever according to some well-designed trials. You should ask your practitioner about this if you're interested. It's a natural diuretic by the way, so be careful if you take HCTZ or furosemide.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✽

Website For Elderly Mobility Connection

The Florida Department of Transportation's (FDOT) Safe Mobility for Life (SMFL) Coalition in partnership with the University of Florida Institute for Mobility, Activity, and Participation (I-MAP) has launched a new website to connect older individuals needing transportation to available community transportation providers. www.findarideflorida.org is an online resource available to individuals in all 67 counties.

To achieve safe mobility for life, it is important to have a plan in place to help safely transition from driving. Learning about available transportation options can help people continue to get to and from the places they both need and want to go without driving.

FDOT Secretary Mike Dew said, "Findarideflorida.org will help older adults and their families access safe and convenient travel solutions and gain a better understanding of available transportation options that meet their individual mobility needs."

www.findarideflorida.org provides an alphabetical listing of service providers

based on the specific information entered such as where you are traveling from/to or the purpose of the trip. Results can be narrowed by type of route, schedule, or even time of day. From the results page, you can print a summary or view more information about the transportation provider including service area, eligible riders, and approximate cost. Use the contact information listed to call a provider to learn more about their services or scheduling. www.findarideflorida.org currently contains over 800 resources and is maintained and updated by the University of Florida I-MAP when new transportation providers become available.

Dr. Sherrilene Classen, director of University of Florida's I-MAP said, "Find a ride data enables FDOT to respond to transportation gaps more effectively, leading to better, more equitable public transportation service planning and delivery to ultimately benefit older adults in Florida."

Working together helps grow the number of service providers, giving Florida's aging population access to more mobility options to help them remain connected to their community even after transitioning from driving.

To learn more about the SMFL Coalition and their efforts to improve the safety, access, and mobility of Florida's aging road users, visit www.flsams.org.✽

Doctor and Dietician

The MIND Diet



by Ross Hauser, MD
and Marion Hauser, MS, RD

Eating a healthy diet is good for the body. Certain diets, such as the MIND diet (Mediterranean-DASH Intervention for Neurodegenerative Delay), have also been shown to improve brain health. A couple of the main benefits for the brain include lowering the risk of developing Alzheimer's disease and slowing cognitive decline. In fact, one study showed that people who stuck to the MIND diet lowered their risk of Alzheimer's disease by 54 percent, and even those who made modest changes still reduced their risk by 35 percent. That's extremely promising for a disease that affects more than 5 million Americans.

The MIND diet is similar to the DASH diet and the Mediterranean diet, but includes specific foods that science has shown to be good for the brain.

Foods to include with the MIND diet:

Whole grains: 3+ servings per day
Green leafy vegetables: 6+ servings per week
Other vegetables: 1+ serving per day
Nuts: 5 servings per week
Berries: 2+ servings per week
Beans/legumes: 3+ servings per week

Fish: 1+ serving per week
Poultry: 2+ servings per week
Wine: 1 serving per day
Olive oil used as the main cooking oil
Foods minimized with the MIND diet include:

Sweets: less than 5 servings per week
Red meat: less than 4 servings per week
Cheese: less than 1 serving per week
Fried/fast food: less than 1 serving per week

Butter/ margarine: less than 1 tablespoon per day

Scientific studies continue to prove that eating nutritious whole foods while avoiding processed, fried and sugary foods is the way to go for better overall health, well-being and longevity. For long-term benefits, these healthy eating patterns should be a way of life versus a temporary diet. Never underestimate the power of food.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✽

Free Autism Screening For Young Children

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities® of Southwest Florida, will offer a free autism spectrum disorder screening for toddlers 18 months to five years of age on the Ronald McDonald Care Mobile at the Sanctuary Outpatient Center on Friday, April 13 from 9:30 a.m. to 2 p.m.

In the United States, it is estimated that one in every 68 children is diagnosed with some form of autism spectrum disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined. April is National Autism Awareness Month, which aims to make the public more aware about this widespread disability and the issues which arise in the autism community.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Golisano Children's Hospital of

Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. The Sanctuary Outpatient Center is located at 8960 Colonial Center Drive in Fort Myers. To schedule a screening, call 343-6838.✽

National Stop The Bleed Day

Edison Mall is hosting an event for National Stop the Bleed Day in the mall location near Claire's and Perfume Collection on Saturday, March 31 from 11 a.m. to 2 p.m.

Hosted by Lee County Emergency Medical Services, Fort Myers Police Department and Lee County Trauma Services District, the free event will bring Bleeding Control (B-CON) Instructors and students together for a day of training.

Bystanders will always be first at the scene no matter how rapid the arrival of emergency responder. A person who is bleeding can die from blood loss within 5 minutes, so it is important to quickly stop the blood loss. According to National Academy of Science study, trauma is the leading cause of death for Americans under age 46.✽

PETS OF THE WEEK

Haven on Earth Animal League

Blueberry And Taters



Blueberry photos provided

Hi there! I'm Blueberry. I am a beautiful 1-year-old Russian blue kitty with bright green eyes. I am a very shy little girl and really need to be in a quiet home with someone that will give me time to adjust. I am currently staying with a foster mom. I am spayed and up



Taters

to date on all vaccines. My adoption fee is \$75.

Hello, my name is Taters. I am a very pretty Calico girl. I'm only 6-months old. I am very shy and really need to be in a quiet home with someone that will give me time to adjust. I am currently staying with a foster mom. I am spayed and up to date on all vaccines. My adoption fee is \$75.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✱

Lee County Domestic Animal Services

Danica And Ike



Danica ID# A728859 photos provided

Lee County is rolling out the red carpet for celebrity pets during the month of March. Some famous felines and canines have taken up residence at the Lee County Domestic Animal Services shelter. Spin the lucky wheel for a chance at a reduction in your adoption fee from \$5 to \$25. With the 90th Academy Awards ceremony earlier in March, pets at the shelter that are up for adoption will have names of the stars such as Ingrid Bergman, Marlon Brando and Jack Nicholson to name a few.

Hello, my name is Danica. I am a 6-year-old female chihuahua who is a sweet little girl that came to LCDAS after having a run-in with a motorcycle. After having treatment at Specialized Veterinary Services and some tender loving care in foster, I am ready for a home of my own. I tend to walk to the left, but otherwise show no signs of trauma.

My adoption fee is \$25. Spin the wheel for a \$5 to \$25 discount.

Hi, I'm Ike. I'm a 9-year-old male domestic



Ike ID#: A421533

shorthair who is the super senior this week. I am a laid-back fellow that likes to chill on my own. I take my time to warm up to you and would prefer that other cats leave me alone. At my age, I am quite independent making me the perfect addition to a busy family.

My adoption fee is \$25. Spin the wheel for a \$5 to \$25 discount.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱



Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Fort Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau.....	338-3500

ARTS	
Alliance for the Arts.....	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light.....	334-2999
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	288-2535
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
SW Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321

CLUBS & ORGANIZATIONS	
American Legion Post #38.....	239-332-1853
Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society.....	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
Embroiderers Guild of America - Sea Grape Chapter.....	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy.....	728-3743
Friendship Force Of SW FL.....	561-9164
Garden Club of Cape Coral.....	239-257-2654
Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE(National Active & Retired Federal Employees.....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118
Kiwanis Fort Myers Beach.....	765-4254 or 454-8090
Kiwanis Fort Myers Edison.....	694-1056
Kiwanis Fort Myers South.....	691-1405
Gateway to the Islands.....	218-5768
Iona-McGregor.....	482-0869
Lions Club Fort Myers Beach.....	463-9738
Lions Club Fort Myers High Noon.....	466-4228
Lions Club Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
Organ Transplant Recipients of SW Florida.....	247-3073
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900

AREA ATTRACTIONS	
Bailey-Matthews National Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-7419
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Langford Kingston Home.....	239-334-2550
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Historical Society.....	939-4044
Southwest Florida Museum of History.....	321-7430
True Tours.....	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 37

Super Crossword

BROOCH THE SUBJECT

ACROSS

1 Ritchie Valens hit

8 Store up

13 Credit (to)

20 Black keys, informally

21 Air raid alert

22 Percussion pair

23 Very tidy sort

24 Musical pace

25 Airplane trips

26 Viola or cello

29 Tulip chair designer

30 Always, in an ode

31 Eucalyptus-eating "bear"

35 "Deck the Halls," e.g.

39 Outlet insert

45 "Anne of Green Gables" town

48 Sounds of wonderment

49 London brew

50 Mlle. who's canonized

51 Where a ball rolls in an alley

53 Nero's 251

55 Luau dish

56 Swing in the breeze, say

57 Round bread of India

58 Place to par

61 Lyricist

62 Jeweled crown

64 Misprint list

65 Gracefully limber

69 It may include spoons and thimbles

72 Dada artist

73 Teeming, as with bees

75 Makes mad

76 Title for a lady

78 Figure in black magic

80 Dollar bit

81 Irishwoman, e.g.

85 Cubs' and Eagles' org.

86 Vehicle

87 Wartime "pineapple"

90 Rat-a- —

91 Wiggling fish

92 Balkan native

93 Some pianos and motorcycles

94 Contest on a mat

99 Door knocker's response

100 Gelatin dish

101 Winning line in tic-tac-toe

102 Abba of Israel

105 Theme of this puzzle

115 Hard to catch

118 "Pal Joey" novelist John

119 Red apple variety

120 Purifies, as ore

121 Wild, as an animal

122 Secrete

123 In a group of

124 Oto or Ute

125 Moved stealthily

5 Actress Liza

6 Light brown

7 Questioner

8 Bubbly wine

9 Personal manner

10 Weaponry

11 Octets minus one

12 Loud sleeper

13 Like most radios

14 Shop lure

15 Crease

16 Convertible auto

17 Einstein's "I"

18 Slugging club

19 Ending for lion

27 Female gerbil

28 Mystifying

32 Race loser

33 Many troubadours

34 Grow mature

35 Hailed rides

36 State frankly

37 Line of seats closest to the stage

38 Part of SRO

40 Bank offer

41 Myriad years

42 Friend of Fidel

43 Wee cow

44 Faye of film

46 City in Sicily

47 Petri dish gels

52 Not right now

53 Wine stopper

54 Declared

55 Cat sound

58 Comic's bits

59 City east of Utah Lake

60 Break a fast

61 Lionhearted type

62 Money tray

63 Suffix with 61-Down

65 Water closet

66 Some weather lines

67 Polka relative

68 — cow (flipped out)

70 Droop, as from heat

71 Piquant

74 Catwalk user

77 Big name in razors

79 Sub shop

80 "Squawk Box" network

81 Annoying fly

82 Partners of 48-Across

83 Mild cheese

84 — majesty

87 "... made — woman": Genesis 2:22

88 Gallery work

89 High rank

90 Old Delta rival

91 Drawing with acid

92 Cover thickly

95 Acts as a sub (for)

96 Yuletide drink

97 Get mushy

98 Sly laugh part

103 Really cries

104 Of birds

106 Burl of song

107 104-Down hangout

108 Spy Mata —

109 Bahraini, e.g.

110 Folklore bit

111 Antifur gp.

112 Writer

113 Rap's Dogg

114 Zipped along

115 Timeline part

116 Old NASA moon lander

117 ET's craft

King Crossword

ACROSS

1 "Grey's Anatomy" network

4 Facebook contribution

8 Undergoes recession

12 Carnival city

13 Arthur of tennis

14 Portrayal

15 Place to find a rake

17 Cheer

18 Bart's sis

19 Keep tabs on

20 Tureen accessory

22 Authoritative order

24 Oodles

25 Diamond-back, e.g.

29 Present

30 Stinky

31 Praise in verse

32 False teeth

34 Unaccompanied

35 Make one's way

36 "Annie Hall" director

37 Yuletide rendition

40 "Buenos —"

41 On

42 Annoy for one's own

amusement

46 Young horse

47 Initial chip

48 Conk out

49 TV trophy

50 Require

51 Kreskin's claim

8 Mistakes in print

9 Galosh

10 United nations

11 Eve's third son

16 Bouncy melody

19 Hospital section

20 Come to earth

21 Lotion additive

22 Celebrated with a bash

23 Eye part

25 Gull's cousin

26 Cabana's location

27 Not working

28 Noble gas

30 Coal or gas

33 Doubly thick salad

36 Wasn't well

37 Eatery

38 Teeny bit

39 Wander

40 Be overly fond of

42 Enthusiast

43 Individual

44 "— the sea-son ..."

45 With it, once

MAGIC MAZE ● CHOCOHOLIC DELIGHTS

F H D A X U R P B M J G D A X

V S Q M N E K I R F D A X V T

Q O M J A H U F O C A Y W U R

P N L J H E F D W D S B Z X V

T E C U A S R R N E C L A I R

Q O S M E K A C I O K I H F D

P B Z S Y W A K E L F F U R T

V U S T U N O R S C Q U O N L

K I R I D O H F G N I D D U P

K D C Y C A M Z G X W G V U S

R Q O N S R A B E M K E J I H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Bars

Brownies

Cake

Candy

Cookies

Eggs

Fondue

Fudge

Ice cream

Kisses

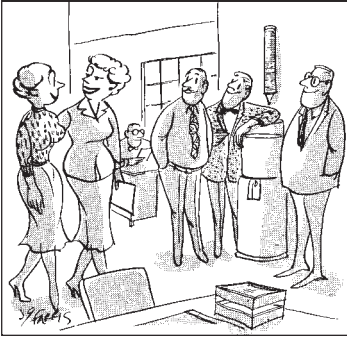
Mousse

Pudding

Sauce

Syrup

Truffle



"Let me introduce you to some of our
occupational _____."

answer on page 37

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Just
GIRTH

Form
SINGED

Odd
BRAZIER

Bright
LACER

TODAY'S WORD

7	3				6			2
	4		9		1	3		
		5		8			4	
		1	3				9	8
	2				4			5
5				2		6		
6		4		3			2	
9			5					7
	1				9	5		

SUDOKU

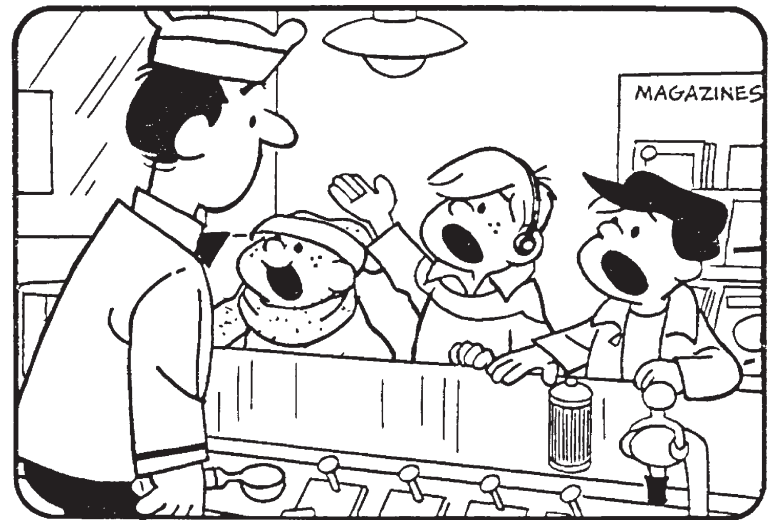
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

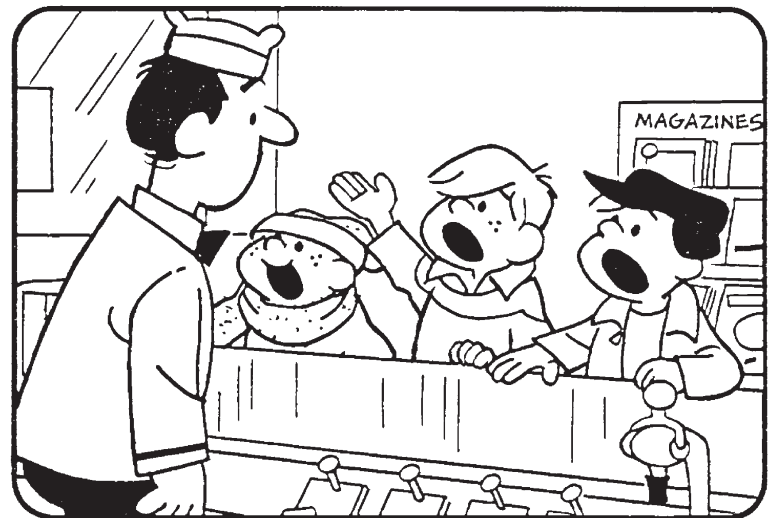
answer on page 37

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Cap is different. 2. Scoop is missing. 3. Light is missing. 4. Headset is missing. 5. Straw holder is missing. 6. Rack is lower.



Herb-Crusted Baked Grouper

4 six-ounce grouper fillets
2 tablespoons olive oil
Salt, to taste
Black pepper, freshly ground, to taste
1 tablespoon dried oregano
1 tablespoon dried basil
1 tablespoon dried thyme
1 tablespoon dried rosemary
4 tablespoons butter, melted
1 small yellow Florida onion, sliced

Preheat oven to 350 degrees F. Coat grouper liberally with olive oil. In a flat dish, crumble the herbs and mix well. Roll each filet in herb mixture, lightly coating each side. Season the fillets with salt and fresh ground pepper. Place fillets in a baking dish with onions; drizzle the melted butter evenly over the herbed fillets. Place in oven and cook for 20 minutes until opaque in the center. Remove and serve fillets topped with onions.

Yields four servings.**



Herb-Crusted Baked Grouper

photo courtesy Fresh From Florida

	FRIDAY Partly Cloudy High: 76 Low: 65		SATURDAY Partly Cloudy High: 69 Low: 58		SUNDAY Sunny High: 72 Low: 61		MONDAY Sunny High: 75 Low: 64		TUESDAY Sunny High: 76 Low: 65		WEDNESDAY Partly Cloudy High: 74 Low: 63		THURSDAY Sunny High: 77 Low: 66
--	--	---	--	---	--	---	--	---	---	---	---	---	--

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	12:59 am	7:12 am	1:46 pm	7:18 pm	Fri	12:04 am	7:14 am	12:51 pm	7:20 pm	Fri	12:52 am	7:18 am	1:18 pm	7:31 pm	Fri	3:09 am	10:28 am	3:56 pm	10:34 pm
Sat	1:49 am	7:39 am	2:03 pm	8:01 pm	Sat	12:54 am	7:41 am	1:08 pm	8:03 pm	Sat	1:32 am	7:54 am	1:44 pm	8:15 pm	Sat	3:59 am	10:55 am	4:13 pm	11:17 pm
Sun	2:35 am	8:03 am	2:22 pm	8:42 pm	Sun	1:40 am	8:05 am	1:27 pm	8:44 pm	Sun	2:12 am	8:29 am	2:10 pm	8:58 pm	Sun	4:45 am	11:19 am	4:32 pm	11:58 pm
Mon	3:20 am	8:25 am	2:42 pm	9:24 pm	Mon	2:25 am	8:27 am	1:47 pm	9:26 pm	Mon	2:54 am	9:02 am	2:33 pm	9:40 pm	Mon	5:30 am	11:41 am	4:52 pm	None
Tue	4:06 am	8:46 am	3:06 pm	10:08 pm	Tue	3:11 am	8:48 am	2:11 pm	10:10 pm	Tue	3:41 am	9:32 am	2:52 pm	10:21 pm	Tue	6:16 am	12:40 am	5:16 pm	12:02 pm
Wed	4:58 am	9:07 am	3:34 pm	10:56 pm	Wed	4:03 am	9:09 am	2:39 pm	10:58 pm	Wed	4:32 am	9:56 am	3:12 pm	11:02 pm	Wed	7:08 am	1:24 am	5:44 pm	12:23 pm
Thu	6:03 am	9:27 am	4:06 pm	11:52 pm	Thu	5:08 am	9:29 am	3:11 pm	11:54 pm	Thu	5:24 am	10:11 am	3:43 pm	11:49 pm	Thu	8:13 am	2:12 am	6:16 pm	12:43 pm

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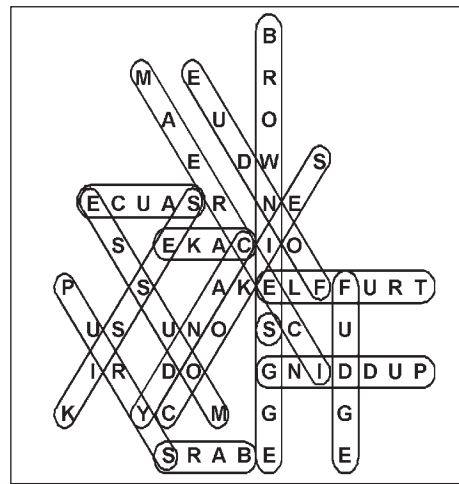
SUPER CROSSWORD

L	A	B	A	M	B	A		A	M	A	S	S		A	S	C	R	I	B	E	
E	B	O	N	I	E	S		A	S	I	R	E	N		M	A	R	A	C	A	S
N	E	A	T	N	I	K		T	E	M	P	O		F	L	I	G	H	T	S	
S	T	R	I	N	G	E	D	I	N	S		T	R	I							
				E	E	R	O					E	E	R		K	O	A	L	A	
C	A	R	O	L			E	L	E	C	T	R	I	C	A	L	P	L	U	G	
A	V	O	N	L	E	A		O	O	H	S			A	L	E		S	T	E	
B	O	W	L	I	N	G	L	A	N	E		G	C	L	I		P	O	I		
S	W	A	Y		N	A	A	N			G	O	L	F	C	O	U	R	S	E	
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	B	S	A		D	E	N	T			H	A	N	D		G	R	E	N	A	
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E	L	U	S	I	V	E				O	H	A	R	A			W	I	N	E	
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KING CROSSWORD

A	B	C		P	O	S	T		E	B	B	S
R	I	O		A	S	H	E		R	O	L	E
T	O	O	L	S	H	E	D		R	O	O	T
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E	M	M	Y			N	E	E	D		E	S

MAGIC MAZE



SUDOKU

7	3	9	4	5	6	8	1	2
8	4	2	9	7	1	3	5	6
1	6	5	2	8	3	7	4	9
4	7	1	3	6	5	2	9	8
3	2	6	8	9	4	1	7	5
5	9	8	1	2	7	6	3	4
6	5	4	7	3	8	9	2	1
9	8	3	5	1	2	4	6	7
2	1	7	6	4	9	5	8	3

My Stars ★★★★★

FOR WEEK OF APRIL 2, 2018

Aries (March 21 to April 19) Resist a confrontation with that irksome person. The matter will soon blow over anyway. Meanwhile, channel your high Arian energy into areas with more positive potential.

Taurus (April 20 to May 20) The innovative Bovine finds a creative way to resolve a sensitive domestic problem by midweek. A former colleague returns with an intriguing business suggestion.

Gemini (May 21 to June 20) An unexpected critical statement from someone you trust could catch you momentarily off guard. But you soon recover your equilibrium and rise to the challenge.

Cancer (June 21 to July 22) You might feel you can handle a new project on your own. But advice from someone with experience could help you avoid possibly costly as well as time-consuming obstacles.

Leo (July 23 to August 22) Waiting for others to make decisions is difficult for the take-charge Lion. But by week's end, you should hear news that will help you regain control of the situation.

Virgo (August 23 to September 22) Your superjudgmental side could dominate the week unless you try to keep it in check. Otherwise you risk offending people, including some who are very close to you.

Libra (September 23 to October 22) Expect more information to come out about that possible career shift. Meanwhile, your loving concern helps someone close to you get through a worrisome period.

Scorpio (October 23 to November 21) Despite an occasional setback, workplace pressures should continue to ease through most of the week. This would be a good time to plan that long-delayed trip.

Sagittarius (November 22 to December 21) The sage Sagittarian quickly recognizes an opportunity when she or he sees it, especially if it's one you've been planning for. Take aim and go for it.

Capricorn (December 22 to January

Aquarius (January 20 to February 18) You might want to pace yourself a bit more. Rushing could lead to serious slip-ups. Take more time to check out details you might otherwise overlook.

Pisces (February 19 to March 20)
The best way to resolve those remaining problems is to ask others for help. They'll be happy to do so, especially when you agree to share the credit for a job well done.

Born This Week: Your natural gift for honest leadership earns you the respect and admiration of others.

THIS WEEK IN HISTORY

- On April 8, 563 B.C., Gautama Buddha, the founder of Buddhism, is thought to have been born in what is now Nepal. Buddhist tradition had placed his birth in the 11th century B.C., until modern scholars determined he was likely born in the 6th century.

- On April 3, 1776, lacking sufficient funds to build a strong navy, the Continental Congress gives privateers permission to attack all British ships. Any goods captured by the privateer were divided between the ship's owner and the government.

- On April 6, 1830, Joseph Smith, founder of the Mormon religion, organizes the Church of Christ. Smith claimed in 1823 that he had been visited by an angel named Moroni who spoke to him of an ancient Hebrew text. Smith translated this text, and in 1830 The Book of Mormon was published.

- On April 7, 1945, the Japanese battleship Yamato, purportedly the greatest battleship in the world, is sunk in Japan's first major counteroffensive in the struggle for Okinawa. It sank after being struck by 19 American aerial torpedoes, drowning 2,498 of its crew.

- On April 5, 1969, some 100,000 antiwar demonstrators march in New York City to demand that the United States withdraw from Vietnam. The weekend of protests ended with

demonstrations and parades in other cities.

- On April 2, 1979, the world's first anthrax epidemic begins in Ekaterinburg, Russia (now Sverdlosk), killing 62 people. The Soviet government blamed tainted meat, but in 1992 the real cause was found: Workers at the weapons plant had failed to replace a crucial filter.

STRANGE BUT TRUE

- It was famed Roman emperor Marcus Aurelius who made the following sage observation: “Everything we hear is an opinion, not a fact. Everything we see is a perspective, not the truth.”

- The United States isn't the only country that has an accolade to recognize excellence in the film industry. Here the awards are known as the Oscars, but other nations have their own names: In Canada they're known as Genies, in France they're Cesars, in Russia they're called Nikas, in Mexico they're Golden Ariels, in Spain they're known as Goyas, and in the United Kingdom they're called BAFTAs (formerly the Orange British Academy Film Awards).

- Here's a disturbing statistic for parents: If your child is like the average American youth, between the ages of 5 and 15 they will see approximately 13,500 people killed on television.

- A chicken, a sheep and a duck get in the basket of a hot air balloon. No, that's not the first line of a joke; they really were passengers on a hot air balloon -- the very first passengers in that type of conveyance, as a matter of fact.

- Those who study such things say that fully one-third of all your brainpower is used for vision.

THOUGHT FOR THE DAY

"I always find it more difficult to say the things I mean than the things I don't." -- W. Somerset Maugham

SCRAMBLERS

solution

1. Right; 2. Design;
3. Bizarre; 4. Clear

Today's Word
HAZARDS

TRIVIA TEST

1. **Astronomy:** How large is Jupiter's giant "red spot"?
2. **U.S. States:** Which is the only U.S. state that begins with the letter "p"?
3. **History:** Who was the last man to walk on the moon?
4. **General Knowledge:** The average person speaks how many words in a day?
5. **Movies:** In the movie "The Wizard of Oz," what did the Tin Man want from the wizard?
6. **Animal Kingdom:** What is a guanaco?
7. **Bible:** In the Old Testament, who was Abraham's first wife?
8. **Geography:** What two states border Lake Tahoe?
9. **Weather:** What was the fastest wind speed ever recorded?
10. **U.S. Presidents:** Who was the first U.S. president to declare war?

TRIVIA ANSWERS

1. Twice as big as the Earth 2. Pennsylvania
3. Eugene Cernan 4. 7,000 to 20,000
words 5. A heart 6. A camelid native to
South America 7. Sarah 8. Nevada and
California 9. 253 mph gust registered
on Barrow Island, Australia 10. James
Madison.


★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

REAL ESTATE

SIMCOE ON SANIBEL
SIMCOE ON SANIBEL in the Village Shops has enjoyed the ambiance of his studio and gallery together with living quarters for some time until Pennsylvania and New England came calling.
Now this complementary arrangement of business (by appointment) and Island condo living can be yours for \$419,000.
For more details – carol@simcoegallery.com, 2340 Periwinkle Way, R-1
3/9 ★ TFN

COMMERCIAL RENTAL

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet.
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8/5 ★ TFN

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Licensed in Florida, New York, Pennsylvania and New Jersey.
4/29 ★ TFN

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2 miles from causeway.
Full resort amenities on 50 acres.
10th floor, 2,062 sq. ft., 3BR, 2 bath, direct elevator to unit.
Fabulous pool, huge clubhouse, tennis, bocce, water sports on our natural lake, breathtaking sunsets over Gulf and Sanibel.
Gated community.
\$549K.
Call my broker, Ted 239-900-7323.
3/30 ★ 4/20

PERIWINKLE PARK #166



This contemporary, open concept, one bedroom unit has been completely renovated. New air conditioner, water heater, doors and windows. Top down/bottom up window treatments. Antique paved patio, landscaped gardens.
Corner unit - Must See. Asking \$195,000.
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3/23 ★ 3/30

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1/26 ★ TFN

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1/4 ★ TFN



NEWSPAPER
Sanibel & Captiva Islands

ANNUAL RENTAL

SANIBEL
Waterfront Home: This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is offered UF @ \$3,100/mo.
Please call for details
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Gulf Beach Properties, Inc.
Helping People Become Islanders for over 35 years!
The Island Experience!
2/23 ★ TFN

ANNUAL RENTAL ON SANIBEL
Duplex located in The Dunes, 3 bedrooms, 2.5 bathrooms, pool, great views, garage.
Call SanCap Gateway Realty at 239-472-2400.
3/30 ★ 4/20

RENTAL WANTED

ANNUAL RENTAL WANTED
Professional family relocating for a job opportunity. Looking for a 4 bedroom home to rent on Sanibel for 1 year.
Please call Beth at 720-644-7524.
3/23 ★ 4/13

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11/17 ★ TFN

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1/26 ★ TFN

HELP WANTED

DRIVERS NEEDED
Are you spending too much time bonding with your spouse? Do you need to get out of the house a few days a week? Are you a good driver with a pleasant personality? How about driving for Island Taxi? A fun work environment and flexible scheduling.
Full or part-time available.
Call Madeline at 239-472-4888.
3/16 ★ 4/6

HELP WANTED
Live on the Island and looking for PT work 2 nights and 1 day per week.
Flexible schedule. Call 472-1682.
3/9 ★ TFN

JERRY'S FOODS SERVERS & BARISTAS
Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday.
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5/6 ★ TFN

To advertise in the *Island Sun* and *The River Weekly News*
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SINGLE KAYAKS
Emotion Temptation 10' sit-on-top kayak, like new, \$300; Perception Sound 9' sit-in kayak, good condition, \$200; kayak cart \$50. 2 PFD jackets \$25 each
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3/30 ★ 3/30

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Only 19,000 MILES.
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Cycling Safety Notes

Ride to the right
Warn to pass
Wear a helmet
Use lights at night
Always be courteous



SANIBEL BICYCLE CLUB

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 9 a.m. For more meeting information, visit www.southwestfla.org. Sanibel Community Church is located at 1740 Periwinkle Way.*

Book Fair

The Sanibel School's Scholastic Book Fair Safari will be open for family and friends to shop online from April 1 through 21, as well as in the school Media Center before and after the Spring Music Showcase on Thursday, April 12 from 5:30 to 8 p.m. and after dismissal on Monday, April 16 from 2:15 to 4 p.m. For online purchases, go to <https://bookfairs.scholastic.com/bookfairs/cptoolkit/homepage.do?method=home&url=sanibelschool1>. The Sanibel School is located at 3840 Sanibel-Captiva Road. For more information, call 472-1617.*

Babysitting Course

A babysitting course for ages 11 to 16 will be held at Four Freedoms Park on Saturday, April 21 from 9 a.m. to 3:30 p.m. The Child and Babysitting Safety program is an American Safety and Health Institute program that has been designed to assist young people with providing proper childcare via classroom training and hands-on procedures. Cost is \$40. Participants must bring lunch.*

Mother/Son Night

Join in on an enchanting evening for boys and their moms at the Cape Coral Yacht Club on Friday, May 18 from 6 to 9 p.m.

There will be music, dancing, door prizes, catered hot & cold appetizers, refreshments and even a special photo by a professional photographer to capture the moment for each couple. Cost is \$50 per couple and \$15 for an additional son. Pre-registration required.*

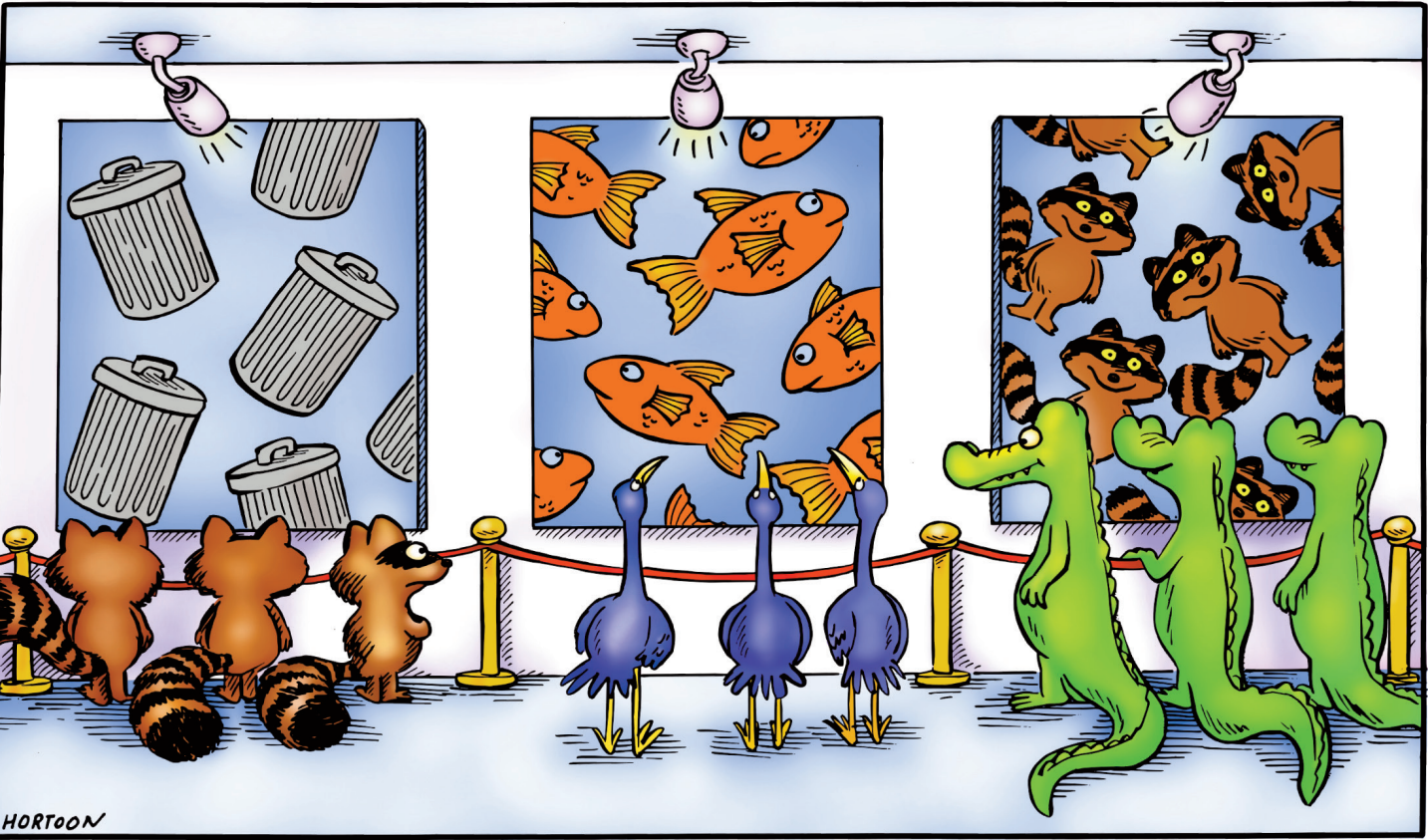
Care Center Performance

The Calendar Girls took a walk on the wild side performing for the residents at Health Park Care Center on March 20. For more information, visit www.calendargirlsflorida.com.*



The Calendar Girls pose with stuffed animals for the care center photo provided

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes and Bounds	Captiva	1998	3,252	\$3,999,000	\$3,750,000	174
Bonita Beach	Bonita Springs	2006	2,784	\$2,999,000	\$2,910,000	111
Town and River	Fort Myers	2003	4,611	\$1,995,000	\$1,550,000	460
Lake Forest at Shadow Wood	Estero	2004	4,517	\$1,745,000	\$1,600,000	40
Solenzara	Bonita Springs	2004	4,770	\$1,650,000	\$1,525,000	529
Caprini	Miromar Lakes	2006	3,346	\$1,595,000	\$1,525,000	276
Cape Coral	Cape Coral	2008	3,470	\$1,100,000	\$940,000	74
Not Applicable	Fort Myers	2006	3,018	\$925,000	\$875,000	18
Glenview at Shadow Wood	Estero	2002	3,021	\$895,000	\$862,500	137
Palaco Grande	Cape Coral	1972	2,734	\$879,000	\$850,000	11



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